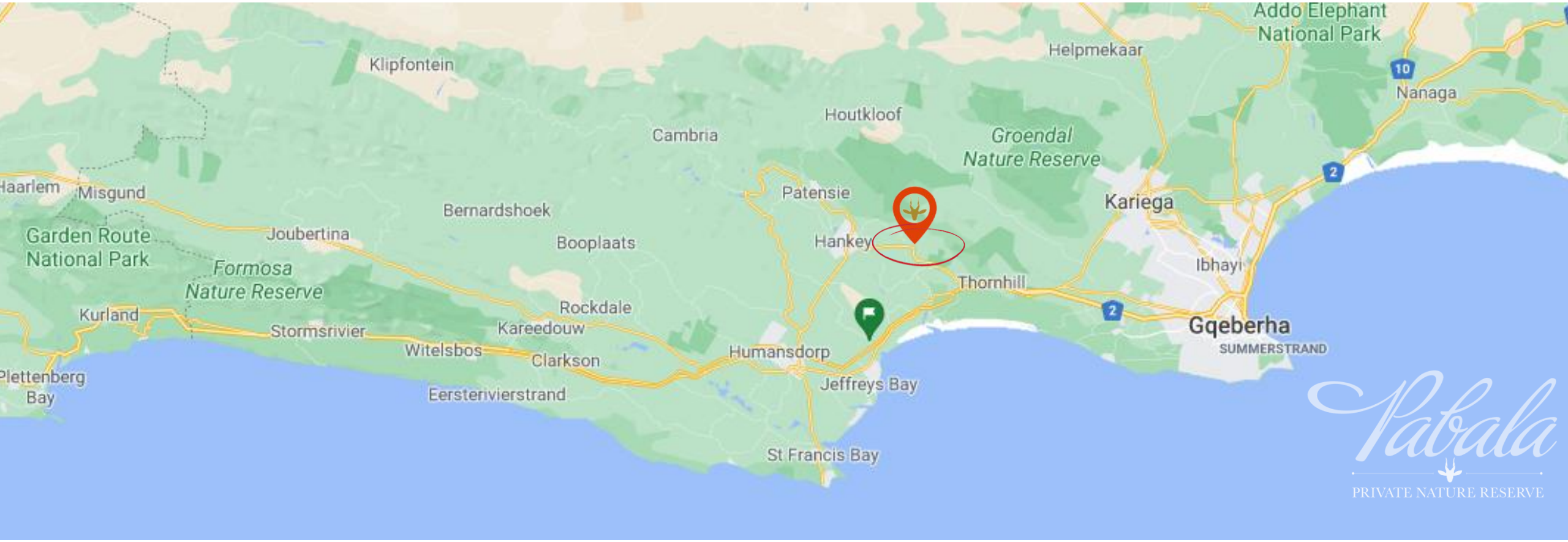
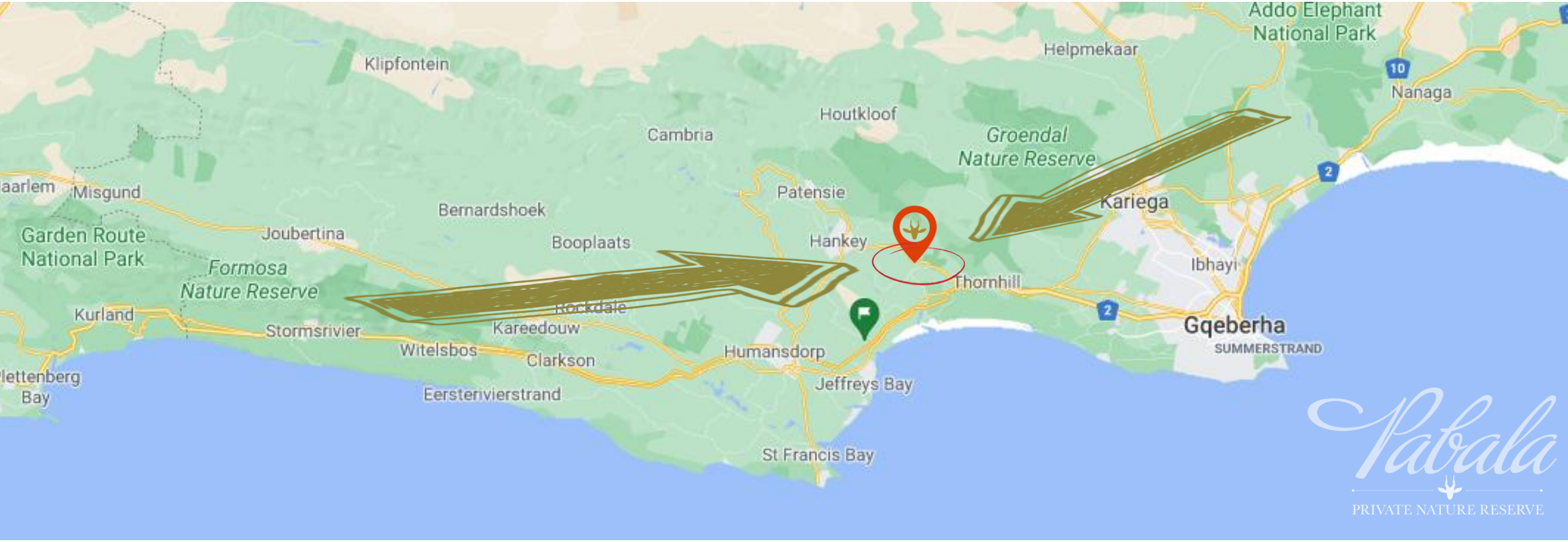

Pabala
PRIVATE NATURE RESERVE

Location



Gamtoos Valley - Eastern Cape Province

Travel Distance



60 minutes
Tsitsikamma
Stormsriver

45minutes
Gqeberha
Nelson Mandela Bay
Port Elizabeth International Airport

60 minutes
ADDO National Park
Colchester Entrance



Stone Cottage
(sleeps 5)



Farm Yard Cottage
(sleeps 4)



Country House
(sleeps 10 - 12)



Tented Bush Camp
(2 & 4 sleeper tents)

Bush Breaks

STO Rates Apply

Tented Bush Camp
*Eco Bush Camp
*Animals Roam free through the camp
6 x Twin Tents
3 x Family Tents

Stone Cottage
3 bedrooms 2 Bathrooms
Ideal for FIT's with a guide

Farm Yard Cottage
2 bedrooms 1 Bathroom

Country House (African Homestead)
5 bedrooms 4 Bathrooms
*Ideal for groups of 4 couples with Guide



Pabala

PURE HONEY

Honey Tasting

eXpress Tasting

*Honey Tasting & Bee Education

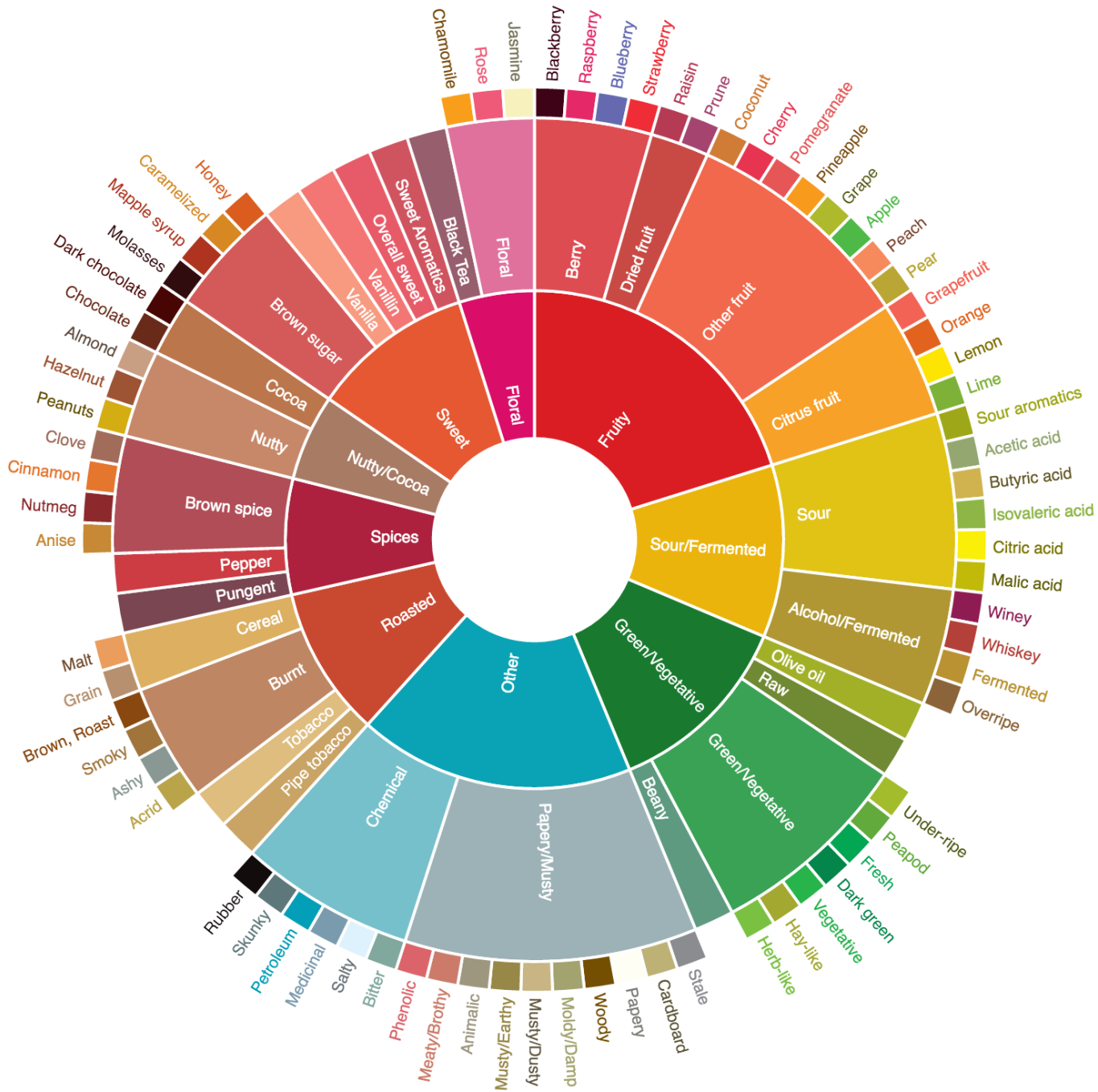
45 – 60 minutes

eXecutive Tasting

*Honey Tasting, Bee Education

3 Course Honey Infused Lunch

2 hours



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PURE HONEY

Honey Tasting

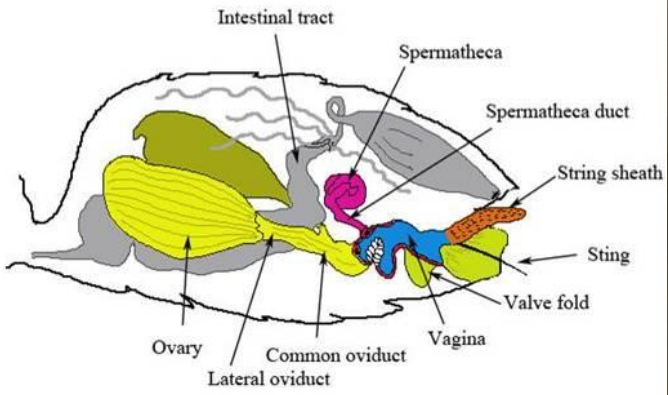


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PURE HONEY

Honey Education







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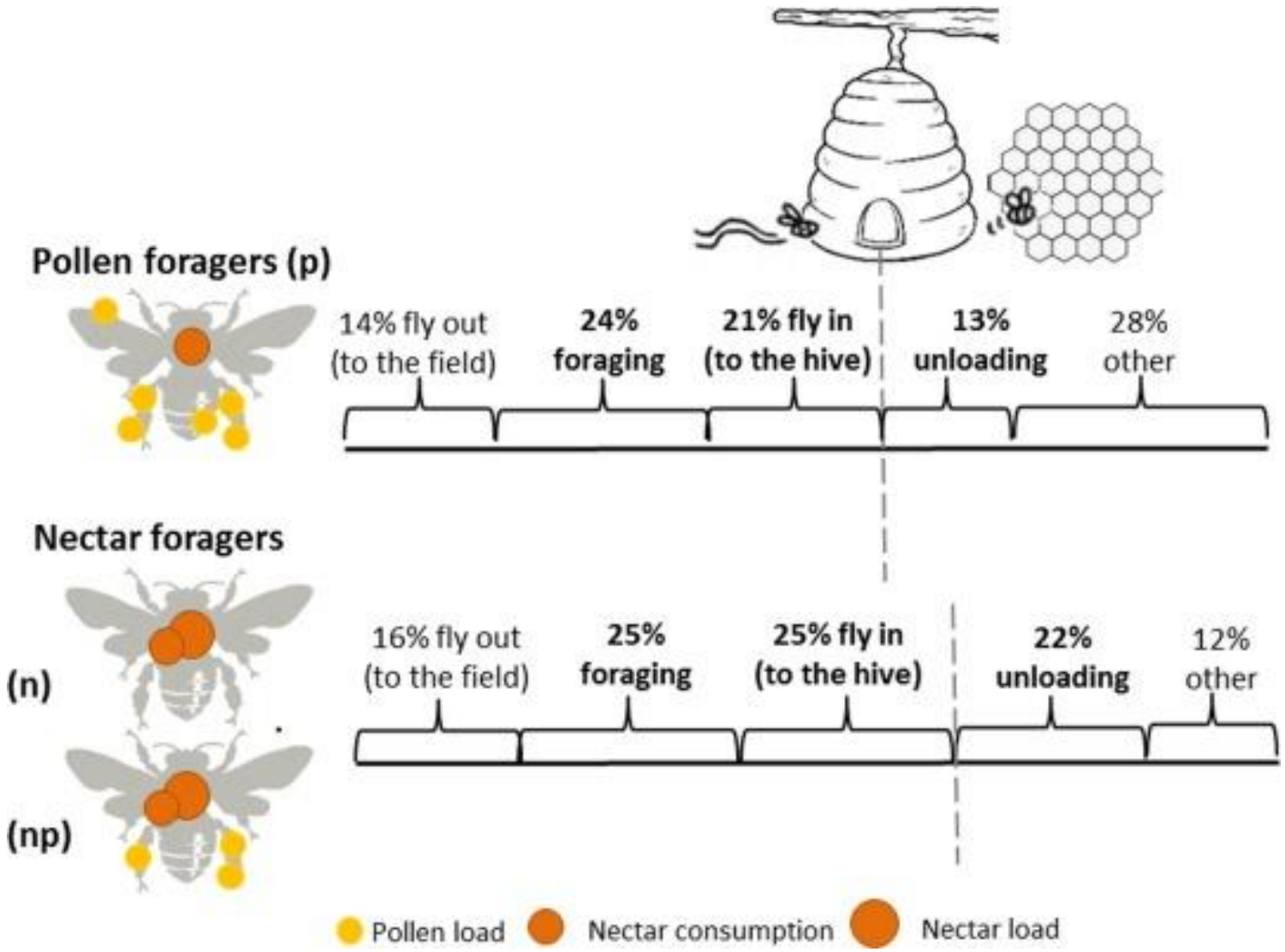
PURE HONEY

Honey Bee Education

Pabala

PURE HONEY

Honey Bee Education



BEE PROPOLIS

Also Called Bee Glue or Hive Dross

The History

Ancient Egyptians used it in mummification.

Ancient Greeks, Romans, Assyrians, and Persians used propolis to support skin health.

Ancient Incas used propolis as an antipyretic agent.

350 BCE
Propolis used in folk medicine.

17th Century
Propolis was a drug in London pharmacies.

17th Century
Propolis used as a violin varnish by Italian Antonio Stradivari.

1908
First scientific work published about propolis.

1939-1945
Propolis used during WWII to treat wounds.

1969
USSR used propolis in human and veterinary medicine.

Today
Propolis used as dietary supplement, topical skin care treatment, in cosmetics, in oral care products, and as rosin for stringed musical instruments.

Important Facts

Considered Nontoxic

People with Bee Allergies Shouldn't Use Propolis

Adult Dosage: Up to 70mg/day



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PURE HONEY

Honey Bee

- Products
- Education










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PURE HONEY

Bee Experience

HIVE VISITS

Half Day (4-5 Hours)

Visit to the Bee Hive and working with the Bees, Lunch

Full Day (8 Hours)

Visit to the Bee Hive and working with the Bees, Lunch & Bottling





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PURE HONEY

Honey Bottling











The difference between Khoi Khoi & San People

KhoiKhoi were cattle keepers

Sans were hunters and gatherers.

Educational Teasers

Khoi Women

- Krotoa <Eva> (Born 1643, Western Cape)
- Sara Baartman (Born 1789, Gamtoosrivier)

KhoiKhoi are nearing extinction – estimated only 100 000 true bloods are left in the world

Karri Biltong Askhoek

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KhoiKhoi

CULTURAL EDUCATIONAL TEASER





Craft Distell Experience

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PRIVATE NATURE RESERVE



Craft Distell Experience

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PRIVATE NATURE RESERVE
SPICED
RUM
EASTERN CAPE PRODUCED
SMALL BATCH DISTILLED
Hand Crafted in the Gamtoos Valley
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PRIVATE NATURE RESERVE
VODKA
EASTERN CAPE PRODUCED
SMALL BATCH DISTILLED
Hand Crafted in the Gamtoos Valley
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GIN
EASTERN CAPE BOTANICALS
SMALL BATCH DISTILLE
Hand Crafted in the Gamtoos Valley
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GIN
EASTERN CAPE BOTANICALS
Pabala
PRIVATE NATURE RESERVE
GIN
EASTERN CAPE BOTANICALS
SMALL BATCH DISTILLED
Hand Crafted in the Gamtoos Valley
RAW HONEY
Pabala Pure Honey
RAW HONEY



Game Drives

Guided Game Drives
4x4 Self Drive Game Drives
Romantic Game Drives

Groups or
Individuals
2-8 Pax

Exotic Game

Sable, Giraffe,
Golden Bluewildbeest,
White Eland, Black Impala
and more



MICE

The Venue

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MICE
The Deck

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Intimate International Weddings

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SPEKBOOM

This tree is known as " The Environment Miracle Worker" , with the potential to tackle carbon emissions like no other plant can. It's South Africas very own indigenous plant. It can offset more Co2 out of the atmosphere than the amazon rain forest. . The plant has enormous carbon -storing capabilities, also unique in that it stores solar energy to perform photosynthesis at night. This makes the spekboom thickets 10 times more effective per hectare at carbon fixing than the Tropical Rainforest

"He who plants a tree, plants hope"

042 296 2950
www.pabalaprivatenaturereserve.co.za
admin@pabalaprivatenaturereserve.co.za

Spekboom

(*Portulacaria Afra*)
is a succulent found in South Africa that helps fight air pollution. It has the ability to 'sequester' or capture four to ten tons of carbon per hectare!

7 Reasons to Plant

1. Proudly South African
2. It's water wise
3. It's a Carbon Sponge
4. Suitable for all seasons and weather conditions
5. Its edible
6. Medicinal Value
7. Fire resistant

Plant a Spekboom

aka:

ElephantBush
Dwarf Jade
PorkBush

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A humble Thank You for the opportunity to present to you

Pabala Private Nature Reserve

Please contact us for an educational visit or more information

Heidi L Halgryn
Head Sales & Marketing
International & Domestic
T: +27 (0)42 296 2950
M: +27(0) 82 899 3419
E: Heidi@pabala.co.za
W: www.pabalaprivatenaturereserve.co.za

Contact Us:

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