Dear Iván Fernández,
Good afternoon and warm regards from Nepal.
Thank you very much for your lovely email. I am glad to know that you have planned to travel in Nepal for various trek and tour. I am more than happy to offer services as your requested. I am really wants to wok for long term in up coming days. That's I am going to offer as a familiar & reasonable cost for your group. It would be my pleasure to welcome and showing my honest hospitality to your lovely group.

Regarding to your email, please find the details (Day to day itinerary, Services & Cost for these two activities).

A. Trip Name: Everest Base Camp Trek (EBC Trek).

- Everest base camp trek is most demanding and worldwide popular trekking trail of Nepal, which lies in the northern part of Nepal. Where we are able to see (Wonder Lukla Airport, very interesting Sherpa culture and Its settlement, amazing view from Everest view Hotel, Variety of traditional Sherpa living standard & diversity of flora and Fauna).

Cost for each Person $ 1190 USD.

Day to Day Itinerary:

Day 01: Arrival at TIA Airport Kathmandu Nepal (1350m).
Day 02: Kathmandu city tour with tour guide and preparing for *Everest base camp trekking*.
Day 03: 35 minutes fly to Lukla (2800m) and same day continue trek to Phakding (2640m) (4 hours).
Day 04: Trek to Namche Bazar (3500m) (6 hours).
Day 05: Rest at Namche Bazar.
Day 06: Trek to Tangbuche or dibuche (3800m) (5 hours).
Day 07: Trek to Dhingbuche (4400m) (4/5 hours).
Day 08: Rest at Dhingbuche.
Day 09: Trekking to Lobuche (4800m) (5 hours).
Day 10: Trek to Gorkhshep (5140m). Which is final destination of teahouse of **Everest base camp trekking** and same day trekking to Everest base camp after lunch without bags. (5330m).
Day 11: Early morning hike to Kalaphatar for sunrise and hike down to Phiriche (4200m) (6 hours).
Day 12: Trek down to Namche Bazar (6 to 7 hours).
Day 13: Trek down to Lukla (6 hours).

Day 14: Fly to Kathmandu.
Day 15: Final departure.

- **Services Included for this trip:**

- Airport pick and drop by private transport (Domestic & International).
- 3 Night Hotel at Kathmandu valley with breakfast.
- Kathmandu heritage tour with our tour guide & private transport.
- Round trip flight tickets (Kathmandu to Lukla to Kathmandu).
- Trekking guide
- Sherpa (Porter to carry your bags: One porter equal to two trekkers. One porter can carry up to 15 Kg to 20 Kg of bag).
- Sleeping bag & Down Jacket as a rent.
- All Mountain accommodation in tea houses, during your trek in Mountains.
- Everest National Park permit.
- Khumbu Entrance Fee similar like Tims Card.
- 3 Meals a day (Breakfast, Lunch & Dinner) during your trek in Mountains.
- Rescue arrangement. During your trek if you got any problems and then we will send Helicopter as soon as possible for rescue. But cost of Helicopter have to cover by your travel insurance.
- All official tax and vat.
- Farewell Culture.

- **Services not included for this trip:**

- Meals at big city like Kathmandu.
- Hot and cold drinks like tea coffee, Mineral water, beer ..... at mountains during your trek.
- Personal expenses like battery charge, shower, Wi-Fi..... at mountains & Tips for field Staffs like Guide & Porters.

B. Trip Name: Mera Peak in Nepal.

- Mera Peak (6476m) is one of the most popular trekking peaks in Nepal and is the highest of all official trekking peaks in Nepal. Located in south of Everest, Mera Peak is the frequently operated peak climbing packages of Nepal.

- **Cost for each Person: $ 1890 USD.**

- **Day to Day Itinerary:**

Day 01: Arrival in Kathmandu and transfer to hotel.
Day 02: Kathmandu Valley Sightseeing.
Day 03: Fly from Kathmandu to Lukla (2804m) and trek to Chutok (2800m).
Day 04: Trek from Chutok to Pangkongma (2950m).
Day 05: Trek from Pangkongma to Kurke (3800m).
Day 06: Trek from Kurke to Thuli Kharka (4200m).
Day 07: Trek from Thuli Kharka to Khothey (3600m).
Day 08: Trek from Khothey to Thangnag (4350m).
Day 09: Acclimatization and Rest Day at Thangnag.
Day 10: Trek from Thangnag to Khare (4900m).
Day 11: Trek from Khare to Mera La (5415m) and Base Camp (5300m).
Day 12: Climb Base Camp to High Camp (5800m).
Day 13: Summit to Mera Peak (6476m) and return to Khare (4900m).
Day 14: Spare Day in case of bad weather.
Day 15: Trek to Khothey (3600m).
Day 16: Trek from Khothey to Thuli Kharka (4200m).
Day 17: Trek from Thuli Kharka to Lukla (2804m).
Day 18: Fly from Lukla to Kathmandu.
Day 19: Final Departure.

- **Services included for this trip:**

- Airport pick and drop by private transport (Domestic & International).
- 3 Night Hotel at Kathmandu valley with breakfast.
- Kathmandu heritage tour with our tour guide & private transport.
- Round trip flight tickets (Kathmandu to Lukla to Kathmandu).
- Trekking guide
- Mera Peak Climbing guide.
- Sherpa (Porter to carry your bags: One porter equal to two trekkers. One porter can carry up to 15 Kg to 20 Kg of bag).
- Sleeping bag and down Jacket as a rent.
- All Mountain accommodation in tea houses, during your trek in Mountains.
- Everest National Park permit.
- Mera Peak Climbing permit.
- Khumbu Entrance Fee similar like Tims Card.
- 3 Meals a day (Breakfast, Lunch & Dinner) during your trek in Mountains.

- Rescue arrangement. During your trek if you got any problems and then we will send Helicopter as soon as possible for rescue. But cost of Helicopter have to cover by your travel insurance.
- All official tax and vat.
- Farewell Culture.

- **Services not included for this trip:**

- Meals at big city like Kathmandu.
- Hot and cold drinks like tea coffee, Mineral water, beer ..... at mountains during your trek.
- Personal expenses like battery charge, shower, Wi-Fi..... at mountains & Tips for field Staffs like Guide & Porters.

Dear Ivan, I hope an above given information quite helpful for you. If you have any additional questions & confused about this trip and then please feel free to write to me at any time. I would like to operates many other treks and tours in Nepal, Tibet & Bhutan. That's why what I can, I will do my best for you.

I am looking to forward to hear from you.

Have a wonderful time over there. Stay safe & Take care.