

LANGTANG HELI ENDURO MOUNTAIN BIKING 6 DAYS








OVERVIEW

Langtang Heli Enduro in Nepal is the perfect destination for those who want to experience enduro biking at a lower altitude. Being close to Kathmandu, this short trip offers adventurers the opportunity to enjoy the vibrant ecosystem of Himalayan. The route will take us through many villages, terraced farms, and forests along the hills with the majestic Himalayan ranges in the backdrop.

Trip facts:

Maximum altitude: 4380m

Group size: 1-12 people

Best season: March-April-May-September-October-November-December

Tour type: Mountain Biking

Difficulty: Moderate

Fitness level: Intermediate

City Accommodation: 3 star hotels, twin sharing

Ride Accommodation Type: Tea houses, twin sharing

Arrival on: Tribhuvan International Airport, Kathmandu

Departure from: Tribhuvan International Airport, Kathmandu

Departure from: Tribhuvan International Airport, Kathmandu

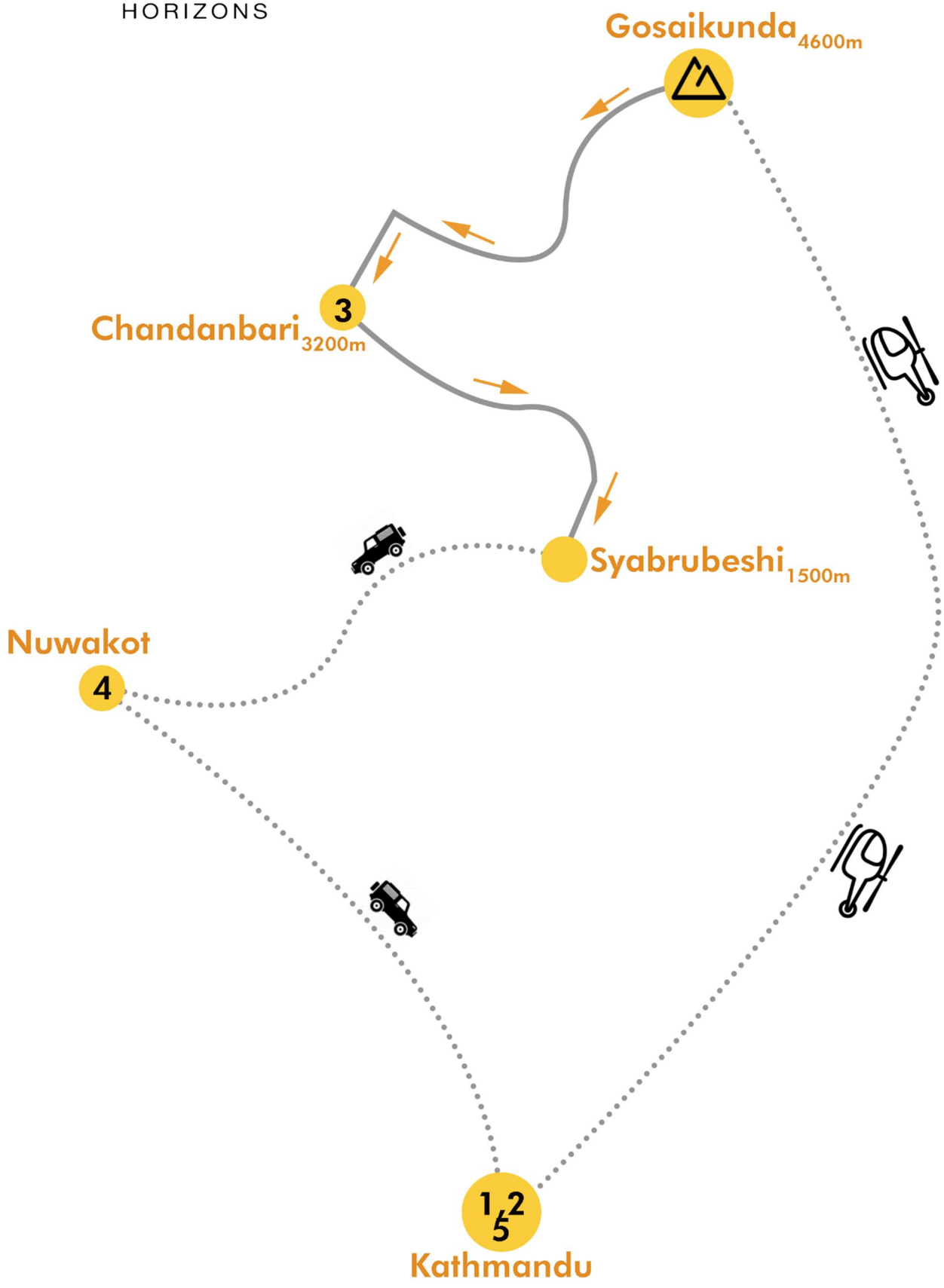
Guiding method: Mountain Biking guides

Language: English

Minimum age: 15

Maximum age: 60

NATURE HORIZONS



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TOUR PRICE

Group Size	Price Per Person With Mountain Bike Rental (USD)	Price Per Person Without Mountain Bike Rental (USD)
1 person	US $ 4,500	US $ 4,300
2 – 6 person	US $ 3,100	US $ 2,900
7 – 12 person	US $ 2,900	US $ 2,700

TRIP SUMMARY

Country	Starts at	Ends at	Airport	Tour Type	Activities
Nepal	Kathmandu	Kathmandu	Tribhuvan International Airport	Mountain Bike Tour	Sightseeing and High Altitude Bike Riding

- **Day 1:** Arrival In Kathmandu
- **Day 2:** Warm-up ride around Kathmandu
- **Day 3:** Fly to Gosaikunda Lake (20 minutes) and ride to Chandan bari (4 hours)
- **Day 4:** Ride to Syabrubeshi and drive to Nuwakot.
- **Day 5:** Drive to Kathmandu
- **Day 6:** Final Departure

Detailed Itinerary

Day 1: Arrival In Kathmandu

At your arrival time at the airport in Kathmandu, a nature horizons team member will be waiting to greet you. We will transfer right to your hotel accommodation for the first night. Once you arrive at the hotel, you will meet your guide and get a briefing on your entire tour. The rest of the day is yours to relax and explore around Kathmandu. It is a magical city.

Includes: Accommodation

Day 2: Warm-up ride around Kathmandu

Before heading to Lantang, it's important to get used to mountain biking in the hills. We will head out to some of the single tracks around Kathmandu to check your riding skills.

Includes: Accommodation/Breakfast

Day 3: Fly to Gosaikunda Lake (20 minutes) and ride to Chandan bari (4 hours)

The helicopter flight from Kathmandu to Gosaikunda takes around 20 minutes. Right after breakfast, we will assemble the bikes and head out to the trails. The first section of the trail is relatively easy, passing by breathtaking views. Riding past

Laurebina Pass, enjoy the stunning landscape of Langtang Lirung. You will soon experience rocky and bumpy trails to Cholangapti. The trail then becomes smoother until Chandan bari. Overnight at Chandan Bari.

Includes: Accommodation/Breakfast/Lunch/Dinner

Day 4: Ride to Syabrubeshi and drive to Nuwakot.

Right after breakfast, we will head to Syabrubeshi. The trail today consists of switchbacks and steep downhill sections which will test your riding skills. The last leg of the trail meets the highway. After loading our bikes, we will drive to Nuwakot. Time permitting, we can hike up the hills to visit the old palace at Nuwakot, a heritage site. Overnight at Nuwakot.

Includes: Accommodation/Breakfast/Lunch/Dinner

Day 5: Drive to Kathmandu

Before heading back to Kathmandu, explore the raw trails at Nuwakot hill on your bike. We will drive back to Kathmandu just in time for lunch. Feel free to explore the rest of the day at leisure. You can also take a short guided tour with Adventure Kora around the city, especially Kathmandu Durbar Square, Swayambhu and Boudha which are UNESCO heritage sites.

Includes: Accommodation/Breakfast

Day 6: Final Departure

Wake up and prepare to get on your flight home! Your guide will be with you up until we drop you off at the airport. End Tour

Includes: Breakfast

PACKAGE INCLUDES

- ✓ Accommodation in Kathmandu in a 3 star hotel for 3 nights in B&B plan.
- ✓ All necessary ground transportation for airport transfers and shuttle service during the ride.
- ✓ All necessary internal flights.
- ✓ All necessary sightseeing permits, tickets and national park entrance fees.
- ✓ All meals during riding days (you can order food item of your choice for each meal from menu available at tea houses, tea and coffee is provided with meals only)
- ✓ All necessary accommodation in the most authentic and local tea houses during the ride (twin sharing)
- ✓ An english speaking, well experienced mountain biking guide with mechanical skills.
- ✓ Porter to carry your luggage during the ride.
- ✓ All staff salaries and insurances.
- ✓ First aid kit carried by our staff.
- ✓ All government taxes.
- ✓ Farewell dinner

PACKAGE EXCLUDES

- International airfares.
- Nepal visa fee.
- Travel and rescue insurance.
- Riding gears (protection pads, sunglasses, gloves)
- Meals in Kathmandu (lunch & dinner)
- Any personal expenses during the trip like battery charge, hot shower, laundry, extra meals,tea,coffee, snacks, boiled water, bottled water, alcoholic beverages & soft drinks and internet service.
- Tips for guide, porters and other staff.
- Anything not mentioned in the 'price includes' section.