Adventure and Yoga in Tanzania

Description of the trip

From 21 October to 03 November 2023

Have you long dreamed of going on a safari in Africa and finding yourself in the middle of the savannah to observe lions, giraffes and elephants? Or venture up Mount Kilimanjaro, the roof of Africa? Do you also dream, when you work non-stop, to treat yourself to a few days on a paradise island with white sand beaches and turquoise water, and to practice yoga in this ideal setting?

It is possible to combine these dream trips... in one stay in Tanzania!
The travel agency Twende Africa Tours in collaboration with myself organizes since 2019 an unforgettable stay in Tanzania-Zanzibar during the All Saints holidays. Very complete and flexible, it will allow you to see the most beautiful places of Tanzanian nature aboard a private jeep with your guide. This year, we are launching an alternative to the Safari: that of climbing the majestic Mount Kilimanjaro (5895 m).

And then, to rest, you will fly to Zanzibar where you will spend the end of your stay in an idyllic setting and practice yoga (all levels). Want to go to Zanzibar only? It will also be possible this year 2023!

Program of the stay

WEEK 1 / OPTION A:

SAFARI at Lake MANYARA and SERENGETI

Day 1: Arrival and transfer to Moshi

Day 2: Departure from Moshi/Arusha – Lake Manyara
Hotel pickup in Moshi and drive to Lake Manyara. Lunch followed by an afternoon game drive. Accommodation at Kizumba camp.

Day 3: Drive to Serengeti National Park, our destination today! The most famous of all wildlife sanctuaries in Africa!

And is home to the largest wildlife migration in Africa. We enter the Serengeti National Park, heading towards one of the camps near the Seronera River inside the park.

Day 4: Full day safari in the Serengeti National Park.
More than 14,000 square kilometers to explore, in search of the best that nature has to offer! Accommodation in a camp in Seronera.

Day 5: Wake up at dawn, Safari with wildlife (hunting time). On our way to Moshi, we cross the rim of the Ngorongoro crater. At the end of the evening, we arrive in Moshi to spend the night.

Day 6: Free day to visit the city of Moshi and buy souvenirs. Possibility to organize an excursion to the hot springs of Moshi.

Day 7: Free day in Moshi. Possibility to organize an excursion to the waterfalls under Mount Kilimanjaro.
Arrival of travelers who climbed Mount Kilimanjaro and information meeting in the evening.

Day 8: Transfer to the airport. Flight to Zanzibar. Transfer to the lodges by the sea.

PRICE: $

980The price is subject to change if the price of fuel suffers from inflation or if the number of Safari participants does not reach 8 people.

WEEK 1 / OPTION B:

Ascent KILIMANDJARO (5,895 m) – 7 DAYS

The 2nd most popular route and one of the most beautiful for our taste is the Machame route! Both longer and slightly more challenging than the Marangu Route, the route is best suited to adventurous hikers, as its splendor is unlike any road.

Day 1: Hotel pickup, drive from Moshi to Machame Gate, Kilimanjaro National Park registration, and hike to Camp Machame.
Altitude: 1,830 m to 3,050 m – Distance: 11 km

Day 2: Hike from Camp Machame to Camp Shira
Altitude: 3,050 m to 3,850 m – Distance: 5 km

Day 3: Hike from Shira camp to lava tower to Barranco camp.
Altitude: 3,850 m to 4,000 m – Distance: 10 km

Day 4: Hike from Barranco camp to Karanga camp.
Altitude: 4,000 m to 4,050 m – Distance: 5 km

Day 5: Hike from Karanga camp to Barafu camp.
Altitude: 4,050 m to 4,700 m – Distance: 4 km

Day 6: Hike from Barafu Camp to the top, to Mweka Camp. Very early in the morning, continue to the summit between the Rebmann Glaciers and Ratzel. The most mentally and physically demanding part of the entire hike.
At Stella Point, pause to enjoy the beautiful sunrise. Once at Uhuru Peak, you have reached the highest point of Mount Kilimanjaro and the African continent!
From the summit, descent to Mweka camp. Last evening on the mountain.
Altitude: 4,700 m to 5,895 m and descent to 3,090 m – Distance: 5 km uphill / 13 km downhill

Day 7: Hike from Mweka Camp to Mweka Gate. Transfer to the hotel in Moshi.
Altitude: 3,090 m to 1,680 m – Distance: 10 km
Installation and information meeting with travelers from the Safari.

PRICE: Between $1,650 and $2,350 (depends on the number of people registered for the trek).

For all the details of the itinerary, necessary equipment, conditions and rates, please contact us by email.
Tanzanian government registration fees to access Kilimanjaro National Park (approximately $1,000) are included in the price.

WEEK 2: YOGA in ZANZIBAR

Day 8:
Transfer from Moshi to Kilimanjaro Airport early in the morning for a direct flight to Zanzibar.
Arrival at Zanzibar airport. Transfer to the lodge and welcome meeting.

Day 9-10-11-12-13: 5 Vinyasa Yoga classes in the morning at 7**:**
30 am. Breakfast at 9:00 am.

Free days to enjoy the paradisiacal beaches with white sand and transparent water. 3 sessions of gentle Yoga spread over the week at 16:30.

Possibility to make boat trips and several excursions in the archipelago of Zanzibar.

Day 14:08:00 – 10:00 :
Breakfast.
11:00 am: Check out and transfer from the hotel to Zanzibar airport

RATE: $980

Details of the stay

The stay includes:

During the Safari
- 4 nights hotel in Moshi shared in double/twin room with breakfast
- Return airport transfers in Tanzania
- Experienced professional guide(s) and driver(s)
- 4 days and 3 nights Safari with accommodation and all meals included
- Park entrance fees

In Zanzibar● Return airport transfers in Zanzibar

- 6 nights in one of the best beachfront lodges in a shared double room and breakfast included
- 5 Vinyasa Yoga classes and 3 gentle Yoga classes with Naiara Naigua

<u>The stay does not include</u>:

During the Safari
● Flights: local (from Kilimanjaro airport in Zanzibar) and international (Paris-Kilimanjaro/ Zanzibar-Paris)
● Excursions in Moshi● Lunches and dinners in Moshi

● Tips to guides, cooks and drivers during the safari
● Insurance & visa

In Zanzibar
● Flights● Transfer to the lodge or airport outside the days of arrival or departure established in the program
● Lunches and evenings● Excursions

● Insurance & visa

* To receive all the details and conditions concerning the ascent of Mount Kilimanjaro, please send us an email to:

Photos of Fanny Ritz Photographer