TRUSTED DMC .COM

MR LINH' ADVENTURE

CYCLING IN SOUTH VIETNAM & CAMBODIA

12 DAYS / 11 NIGHTS



Trusted DMC

Your Destination Management Company based in Vietnam

Sister company of the trusted tour operator

MR LINH'S ADVENTURES

We take you to the parts others can't reach

Top services available in

Vietnam – Laos – Cambodia – Thailand

Travel with us on the parts others can't reach



Request recap

Specifications

GROUP NAME	-
TRAVEL TYPE	PRIVATE TOUR
NUMBER OF PAX	2-10 PAX
TRAVEL DATES	All year round except May, June & July (rainy season)
TOUR NAME	CYCLING IN SOUTH VIETNAM & CAMBODIA 12 DAYS 11 NIGHTS
ACCOMMODATION TYPE	Homestay, 3* & 4* Hotels
MEETINGS	No
MEALS INCLUDED	11 breakfasts, 10 lunches, 10 dinners
GUIDE	English-speaking guide
SPECIAL REQUEST	No

Location of Vietnam

THE SOCIALIST REPUBLIC OF VIETNAM

Mainland Territory: 330,966.9 sq. km
Population: 96,462,106 inhabitants (2019)
National Capital: Hanoi

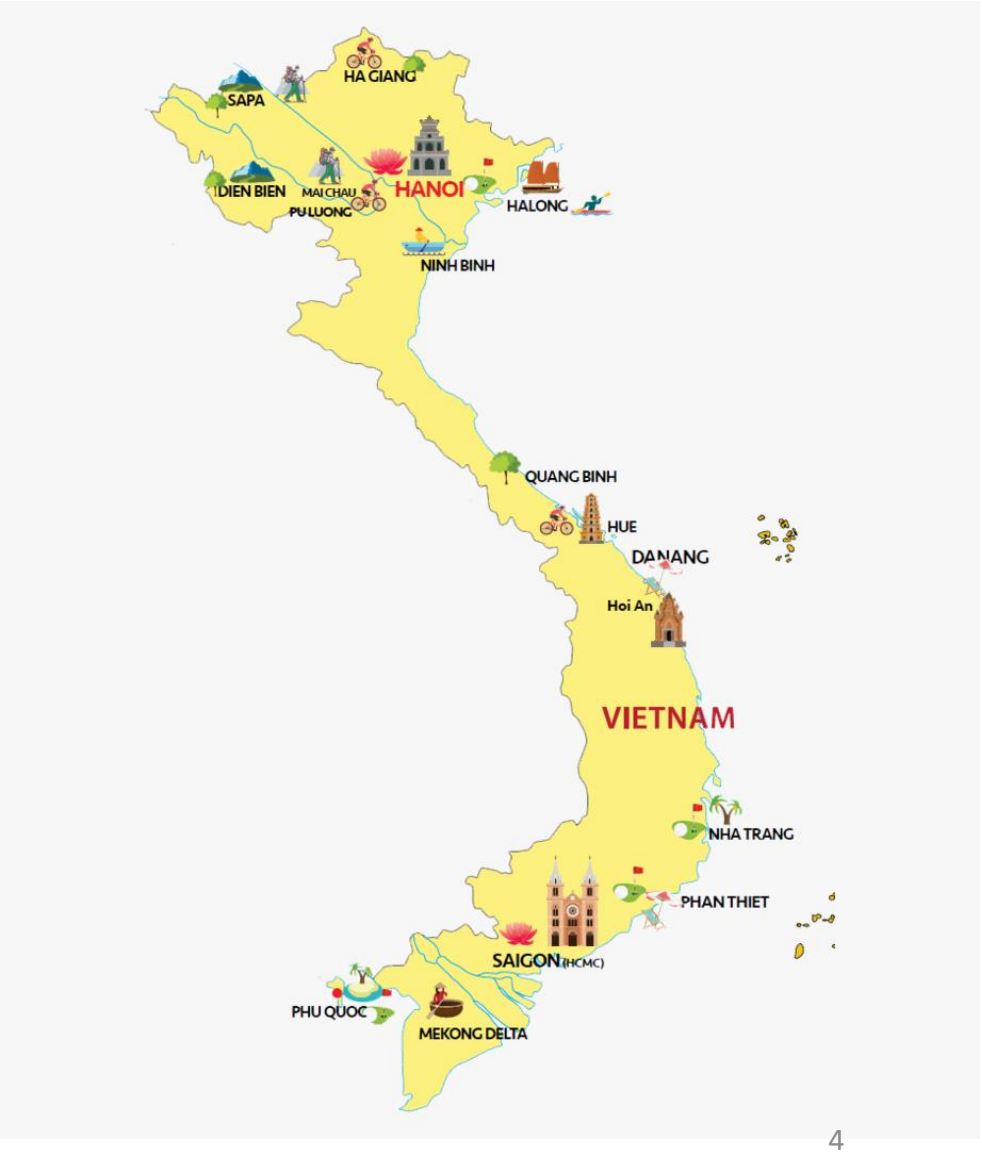
Lying on the eastern part of the Indochinese peninsula, Vietnam is a strip of land shaped like the letter "S". China borders it to the north, Laos and Cambodia to the west, the East Sea to the east and the Pacific Ocean to the east and south.

Climate:

1) **Hanoi & the North**
   - May to October is hot and humid with high rainfall
   - November to April is cooler and dry
2) **In the far North**, December & January can be particularly cold
3) **Central Vietnam**
   - January to August - hot, dry weather
   - September to November – high levels of rainfall can occur
4) **Southern Vietnam**
   - November to April is dry and hot
   - May to October is warm and wet
   - June to August – highest rainfall

Topography: Three quarters of Vietnam's territory consist of mountains and hills

Administrative Units: Vietnam is divided into 63 provinces and cities.



South Vietnam



Ho Chi Minh City, Vietnam

South Vietnam



Mekong Delta, Vietnam

South Vietnam



Mekong River, Vietnam

Cambodia



Phnom Penh, Cambodia

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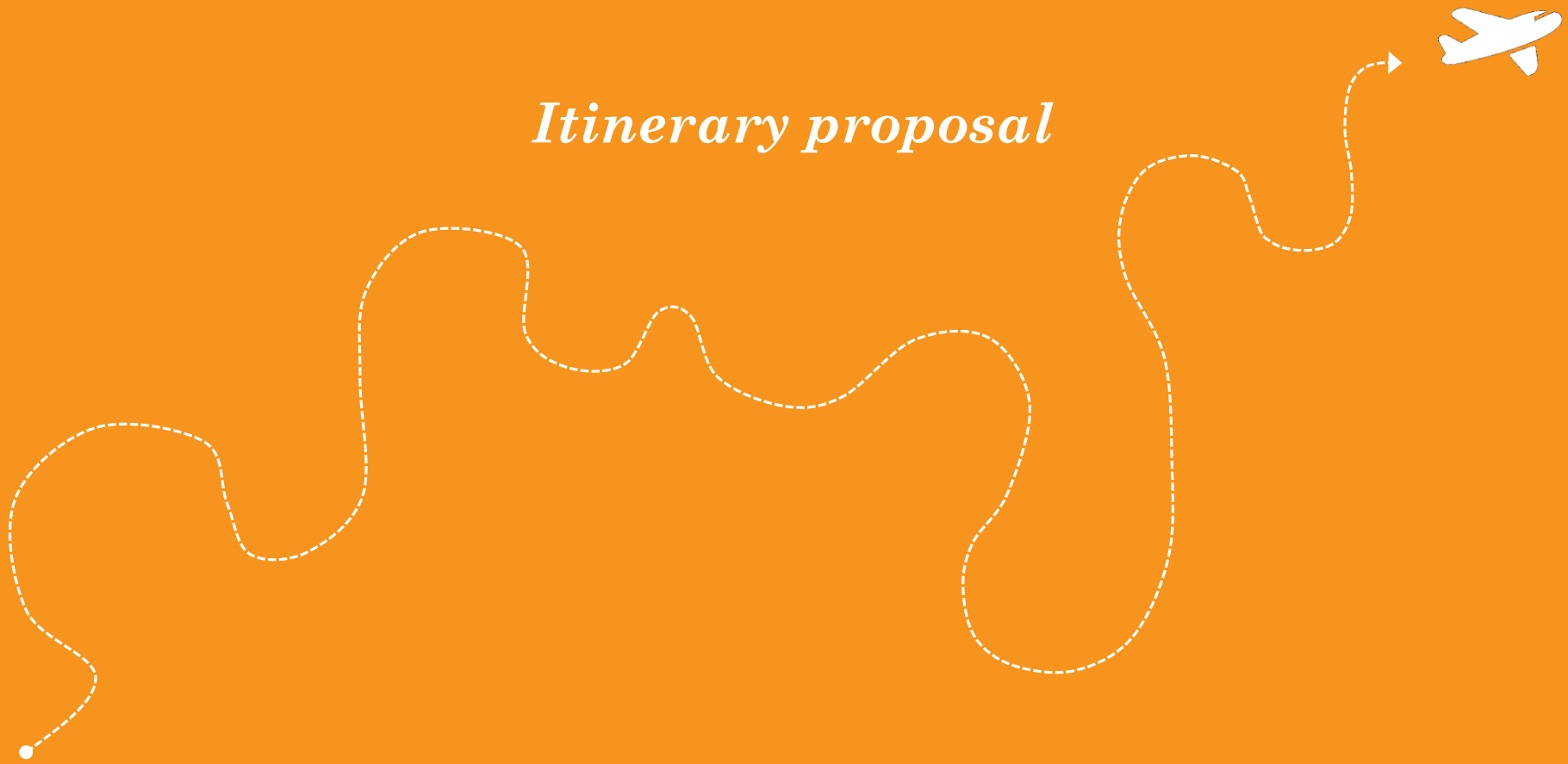
MR LINH ADVENTURE

Cambodia



Angkor Wat, Siem Reap, Cambodia

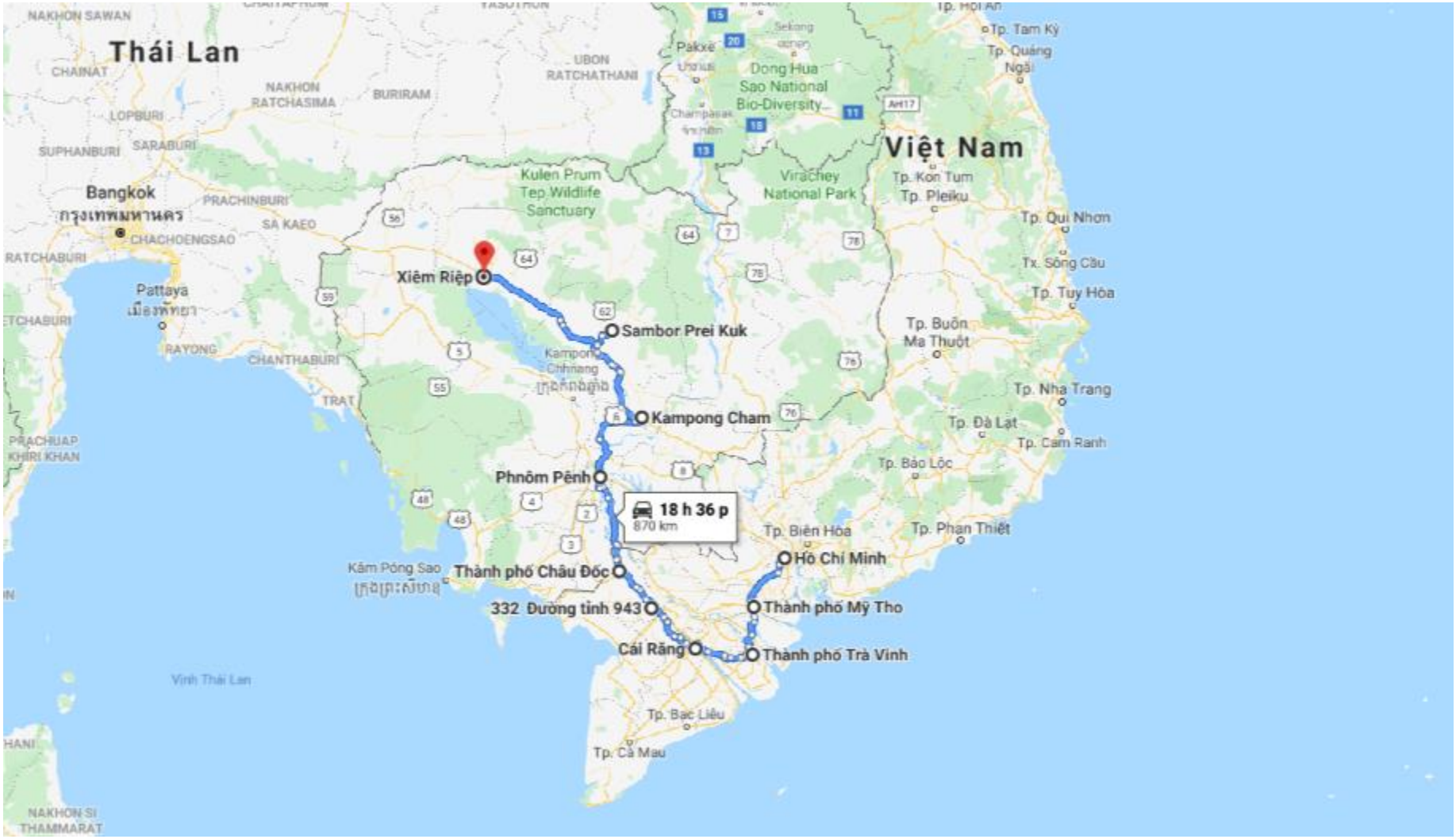
Itinerary proposal



Program Recap

DAY 1 Ho Chi Minh Arrival
DAY 2 Ho Chi Minh City - My Tho - Bike tour in Tra Vinh
DAY 3 Bike tour in Tra Vinh - Can Tho
DAY 4 Can Tho - Cai Rang - Bike tour to Long Xuyen
DAY 5 Bike tour to Long Xuyen - Chau Doc
DAY 6 Chau Doc - Phnom Penh City tour
DAY 7 Bike tour to Phnom Penh - Kampong Cham
DAY 8 Bike tour to Kampong Cham - Sambor Prei Kuk - Kampong Thom
DAY 9 Kampong Thom - Kamponh Kdei - Bike tour to Beng Mealea
DAY 10 Bike tour to Beng Mealea - Siem Reap
DAY 11 Bike tour to Siem Reap - Chaw Srei Vibol - Kampong Phluk - Siem Reap
DAY 12 Siem Reap Departure

Map of the tour



Cycling in South Vietnam & Cambodia
12 days/11 nights

DAY 1 – HO CHI MINH CITY ARRIVAL

You will be welcomed by your guide at **HCMC's Tan Son Nhat International Airport**. You will travel to your hotel where you can rest & relax until you are collected for dinner at the Indochina cruising restaurant. You can enjoy dinner and relax by the river before spending your first night in Ho Chi Minh City.

Cycling distance: *No cycling*
Meals: *Dinner*
Accommodation: *Acacia Saigon Hotel*
Inclusion: *Airport transfer, mineral water*





DAY 2 – HO CHI MINH CITY – MY THO – BIKE TOUR IN TRA VINH

You journey into the heart of the **Mekong Delta** starts at 08:00 from your hotel in Saigon with a drive to **My Tho**, the capital of Tien Giang Province. You will visit **Vinh Trang Pagoda**, one of the most beautiful pagodas of the province which combines many architectural and decorative styles. You can enjoy lunch at a local restaurant before the cycling tour in **Tra Vinh**.

After lunch, get a quick rest and it's time to get on a bicycle and discover beautiful landscapes along the road. Travel through the heart of the Mekong delta along narrow paths, past fields of sugar cane, fruit plantations, and lush green paddy fields. Enjoy watching the activities of the locals and soaking in the atmosphere.

Cycling distance: *20km*
Meals: *Breakfast, lunch and dinner*
Accommodation: *Cuu Long Tra Vinh Hotel*
Inclusion: *Transportation, bicycle, English guide, entrance fees, mineral water*

DAY 3 – TRA VINH – CAN THO

Today you will cycle from **Tra Vinh** to **Can Tho** biking on peaceful temples, observe the local farmers, and visit a local school to spend time with the students. The journey is flat and picturesque through this part of the delta.

Cycling distance: *90km*
Meals: *Breakfast, lunch and dinner*
Accommodation: *Iris Can Tho Hotel*
Inclusion: *Bicycle, English guide, mineral water*





DAY 4 – CAN THO – CAI RANG – LONG XUYEN

After breakfast, we will cycle through bustling markets on the way to **Phong Dien** and be amazed at the contrast with **Can Tho**. Along with your guide, you will experience vendors and craftsmen go about their business busily during the morning hours and cycling amongst the action is a great way to experience the local life. Loop back to **Can Tho** for lunch and continue biking to the town of **Long Xuyen**. Overnight in Long Xuyen.

Cycling distance: *90km*
Meals: *Breakfast, lunch and dinner*
Accommodation: *Dong Xuyen Hotel*
Inclusion: *Bicycle, English guide, mineral water*

DAY 5 – LONG XUYEN – CHAU DOC

Your last day of cycling in South Vietnam takes you through different scenery as you head southwest towards **Cambodia**. The roads have a slight undulation and mountains begin to appear in the far distance. As you approach the town of **Chau Doc**, veer off toward **Sam Mountain** where a steep climb will reward you with spectacular views of the surrounding countryside. Coast back down the mountain and return to **Chau Doc** in time for dinner.

Cycling distance: *70 km*
Meals: *Breakfast , lunch and dinner*
Accommodation: *Chau Pho Hotel*
Included: *Bicycle, English guide, mineral water*





DAY 6 – CHAU DOC – PHNOM PENH, CAMBODIA

In the morning, you will be transferred to the **Vietnam-Cambodia border** where you will cross the border to Cambodia. Then you will be picked up from pier and transferred to your hotel. In the afternoon, visit the **Royal Palace,** a royal residence now where His Majesty, the King of Cambodia, and the royal family live. it is like a small town of royal dynasties. Continue to **Silver Pagoda** which serves less as a functioning temple than a repository for cultural treasures such as 90kg golden Buddha encrusted with 2086 diamonds. Then continue to visit **Wat Phnom Temple**, one of the most important pagodas in **Phnom Penh**. Built in 1373 on an artificial hill by the wealthy widow Daun Chi Penh. Overnight in Phnom Penh .

Cycling distance: *No cycling*
Meals: *Breakfast, lunch and dinner*
Accommodation: *Sun & Moon Hotel*
Inclusion: *Private transportation, English guide, bicycle, mineral water*

DAY 7 – PHNOM PENH – KAMPONG CHAM

Your cycle guide and support vehicle will meet you at your hotel at 07:00 and your bike will be adjusted to ensure a comfortable fit. Once you are ready, your guide will lead you through the early morning hustle and bustle of **Phnom Penh** streets before embarking on a ferry to the other side of the River. It is part of Phnom Penh City, but the lifestyle is totally different. You will cycle on back roads where you will encounter friendly locals and children. We will stop and have lunch at either a host family or pagoda on the way. Arrive in **Kompong Cham** and you will check into your hotel.

Cycling distance: *max 65km*
Meals: *Breakfast and lunch*
Accommodation: *Lbn Asian Hotel*
Inclusion: *Bicycle, English guide, boat transfer, mineral water*





DAY 8 – KAMPONG CHAM – SAMBOR PREI KUK – KAMPONG THOM

An early start this morning as you leave **Kompong Cham** and soon turn off the main highway and follow a road which gradually climbs and passes through shady rubber plantations. We ride over dirt and tarmac roads along the **Mekong** to **Kampong Thom**, a picturesque town on the banks of the **Stung Saen River**, which hosts a magnificent Khmer temple site. You will visit **Sambor Prei Kuk's temples**, certainly the most beautiful examples of the art Pre-Angkorian of the 7th century.

Cycling distance: *60-100km*
Meals: *Breakfast and lunch*
Accommodation: *Lbn Asian Hotel*
Inclusion: *Bicycle, English guide, entrance fees, mineral water*

DAY 9 – KAMPONG THOM – KAMPONG KDEI – BENG MEALEA

After breakfast you will be transferred by van 90km to a town of **Kompong Kdei in Siem Reap Province** where you resume cycling. You will ride on a tree-shaded red soil road with beautiful villages along the way. This area is just 60km from **Siem Reap Town**, but few tourists come here. Your first break is at **Makak Water Reservoir**, which was constructed during the **Pol Pot regime**. Some survivors from the regime still come to this place to recall their hard time. From there, you continue your ride to the village of **Kvao**. Here you will see very few villages, only jungle. After **Kvao village** you will cycle on an 800 year-old ancient road, passing through an area which used to be the front line of the Khmer Rouge in the 1980s. Signs of war and the subsequent de-mining campaign become more prevalent, hitting home how much has changed in this country in only the last few years. Soon you will arrive at **Beng Mealea Temple**, and after a quick look around the temple you will pedal for the last part to the town of **Damdek**, then finally transfer to your hotel in Siem Reap Town for overnight stay.

Cycling distance: *60-100km*
Meals: *Breakfast and lunch*
Accommodation: *Siem Reap Saem Hotel 3**
Inclusion: *Bicycle, English guide, mineral water*





DAY 10 – ANGKOR COMPLEX – SIEM REAP

Breakfast at hotel and we cycle to one of the most famous of all the temples on the plain of Angkor: **Angkor Wat**. Continue to **Ta Prom Temple** then cycle through the villages and lunch at local restaurant.
In the afternoon, continue your visits to **Neak Pean**, a fountain built in the middle of a pool and representing the paradisiacal Himalayan mountain-lake. Visit the **South Gate of Angkor Thom**, **Elephant Terrance** and **Bayon temple**, (unique for its 54 towers decorated with over 200 smiling faces of Avalokitesvara). Overnight in Siem Reap.

Cycling distance: *45km*
Meals: *Breakfast and lunch*
Accommodation: *Siem Reap Saem Hotel 3**
Inclusion: *Bicycle, English guide, entrance fees, mineral water*

DAY 11 – SIEM REAP – CHAW SREI VIBOL – KAMPONG PHLUK VISIT – SIEM REAP

Breakfast at hotel and at 07:30, you will depart for your adventure of the day. From your hotel you will reach quickly the countryside via laterite tracks, through villages and rice fields, which will take you to the ancient **Royal Road** to reach the **lost temple of Chao Srei Vibol**, a small temple located in the forest. There, you will explore the remote temple grounds and its pagoda. Continue to take the wooden boat ride to the charming stilted & floating village of **Kompong Phluck**, on the **Tonle Sap**. Overnight in Siem Reap.

Cycling distance: *60km*
Meals: *Breakfast and lunch*
Accommodation: *Siem Reap Saem Hotel 3**
Inclusion: *Bicycle, English guide, entrance fees, mineral water*





DAY 12 – SIEM REAP DEPARTURE

Breakfast at the hotel and free time to relax until your transfer to the airport for your flight back home.

Cycling distance: *No cycling*
Meals: *Breakfast*
Accommodation: *Not included*
Inclusion: *Airport transfer, mineral water*

--- END OF SERVICES ---

Accommodations



*Ho Chi Minh City | Acacia Saigon Hotel 3**

Located in a tranquil area in central Ho Chi Minh City, **Acacia Saigon Hotel** is a short 5-minute walk from Ben Thanh Market. It offers spacious and homely rooms with free Wi-Fi. Modern rooms feature classic dark wood furnishings. They are equipped with air conditioning, cable TV channels and a mini-bar. Some rooms have a private balcony.



*Tra Vinh | Cuu Long Tra Vinh Hotel 3**

Cuu Long Hotel is a 3-star hotel, located in the heart of Tra Vinh town. The hotel is just steps away from supermarkets and shopping centers of Tra Vinh. The hotel also has a convenient location for visitors to visit the famous sights in the town.
You can be assured with the service that the hotel offers to international 3-star standards, which will surely make you satisfied when choosing this place as a resting place when staying in Tra Vinh after the trips to discover this land.



*Can Tho | Iris Can Tho Hotel 4**

Featuring an in-house restaurant and free Wi-Fi access at all areas, **Iris Hotel Can Tho** is a modern building just 1.9 mi from Cai Rang Floating Market. Rooms are stylish and fitted with carpeted flooring. Rooms are elegantly furnished with neutral tones. Each room comes with a flat-screen TV, a mini-bar and a seating area. The modern private bathrooms include hot-water shower facilities.





*Long Xuyen | Dong Xuyen Hotel 3**

Dong Xuyen features a bar, shared lounge and terrace in Dong An District. Among the facilities of this property are a restaurant, a 24-hour front desk and room service, along with free WiFi throughout the property. Private parking can be arranged at an extra charge. All guest rooms are equipped with air conditioning, a flat-screen TV with cable channels, an electric tea pot, a bidet, a hairdryer and a desk.





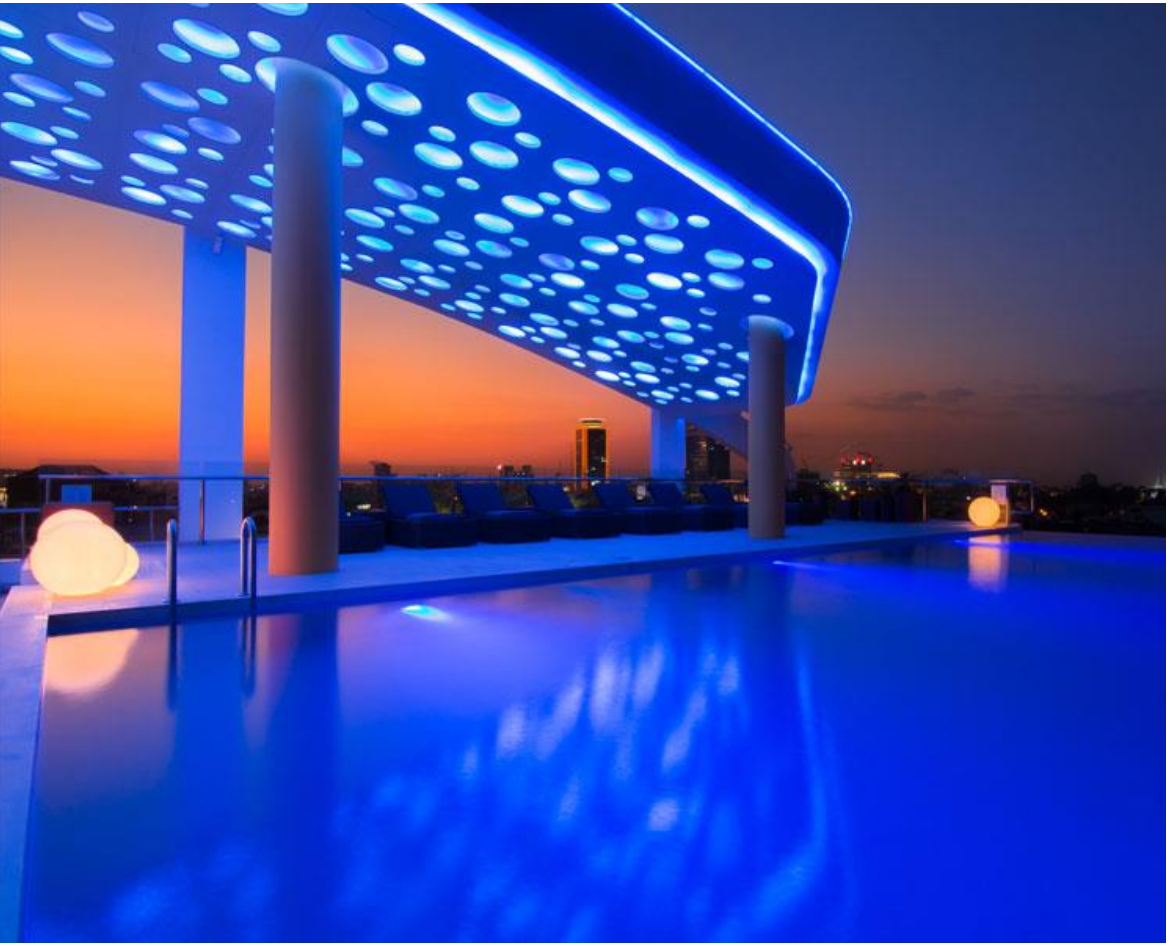
*Chau Doc | Chau Pho Hotel 3**

Located in Chau Doc, **Chau Pho Hotel** offers a bar. Among the facilities of this property are a restaurant, a 24-hour front desk and room service, along with free WiFi throughout the property. Private parking can be arranged at an extra charge.



*Phnom Penh | Sun & Moon Hotel 4**

SUN & MOON, Urban Hotel is a modern, affordable design hotel located in the vibrant heart of Phnom Penh, Cambodia. Walking distance from the city's landmarks and tourist attractions, the hotel is located in a emblematic old quarter of Cambodia's capital, a few hundred meters from the busy and eclectic riverside.





*Kompong Cham | Lbn Asian Hotel 4**

Featuring a bar, terrace and views of river, **Lbn Asian Hotel** is located in Kampong Cham, an 8-minute walk from Kampong Cham Night Market. Among the facilities of this property are a restaurant, a 24-hour front desk and room service, along with free Wi-Fi. The property has an outdoor swimming pool, a garden and rooms with lake views.





*Siem Reap | Saem Hotel 4**

The 4-star **Saem Siemreap Hotel** is on the grounds village of Sala Kanseng, just a 5-minute drive from the famous Old Market and Pub Street. Featuring elegant Khmer architecture, it also has an outdoor pool, spa treatments and a fitness center. A free 2-way airport shuttle service is provided.



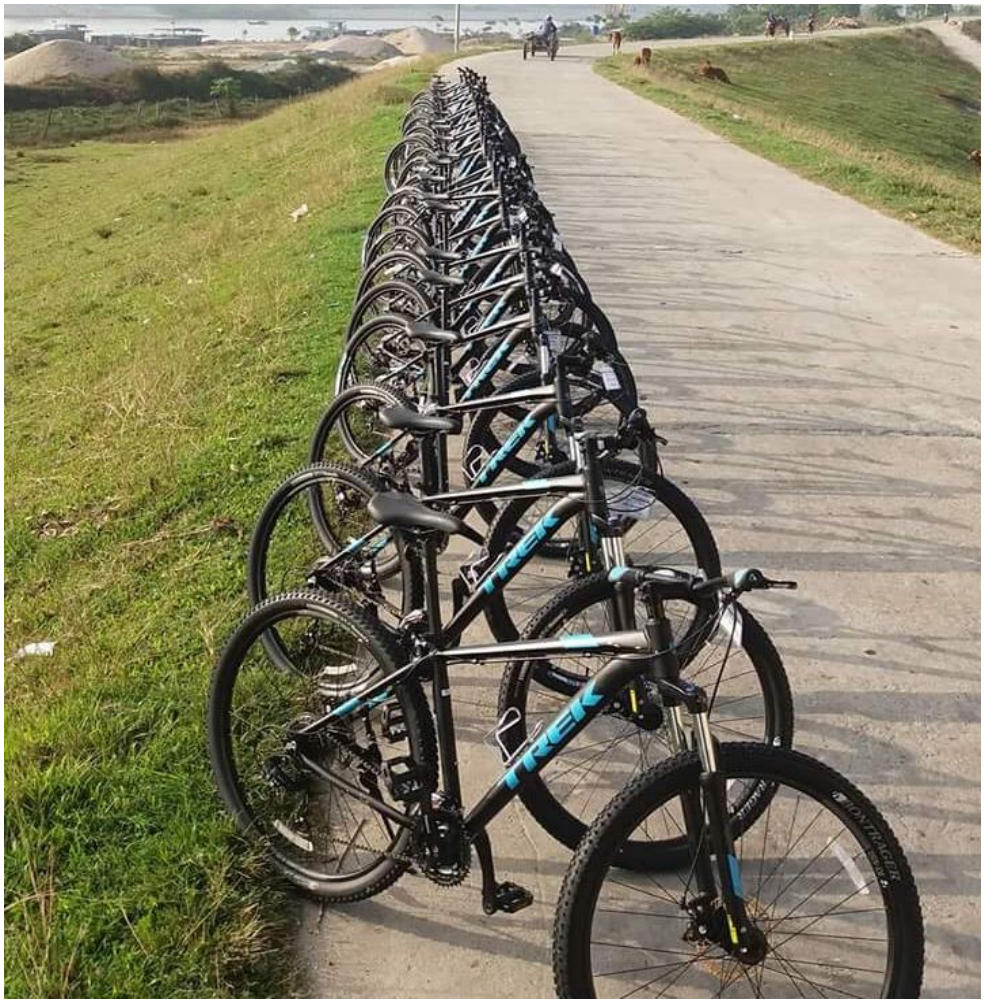
Accommodations

LOCATION	LIST OF HOTELS (or similar)
Ho Chi Minh	Acacia Saigon Hotel 3*- Colonial Deluxe
Tra Vinh	Cuu Long Tra Vinh Hotel 3* - First Class
Can Tho	Iris Can Tho Hotel 4* - Superior room
Long Xuyen	Dong Xuyen Hotel 3* - Superior room
Chau Doc	Chau Pho Hotel 3* - Superior room
Phnom Penh	Sun & Moon Hotel 4* - Deluxe room
Kompong Cham	Lbn Asian Hotel 4* - Deluxe Room
Siem Reap	Siem Reap Saem Hotel 4* + Deluxe room

Note : List of accommodations subject to change depending on the availability.

Bicycle in Vietnam

Mountain Bike: TREK MARLIN 6





Electric Mountain Bike: GIANT E-BIKES

E-bike for use 60km on flat roads and 40km on mountain roads.

Bicycle in Cambodia

Mountain Bike: XTC SLR 27.5 4

FRAME DESIGN Inheriting the World Cup proven XTC family legend, the XTC SLR 27.5 is a super light weight ALUXX SLR grade premium aluminum frameset designed to handle the specific geometry demands of 27.5-inch wheels. Intensively handcrafted with Giant's lightest, state-of-the-art ALUXX SLR aluminum frameset technology featuring the highest strength-to-weight ratios, most advanced forming methods in the industry and unique welding techniques, the bike achieves an awesome balanced mix of weight, comfort and performance handling.





Electric Mountain Bike: GIANT

The all-new Dirt-E+ Pro lets you tap into an added boost of power to help you tackle the toughest terrain. The compact SyncDrive Sport motor delivers a smooth and instantaneous boost that blends seamlessly with your own pedaling power—so you can ride stronger and longer, even on steep and challenging trails. With its stable, XC-oriented frame and integrated EnergyPak battery, the Dirt-E+ Pro gives you the power to conquer mountains.

Services

SERVICES INCLUDED

- English-speaking local guides
- Accommodation as per program
- Meals as stated in the itinerary
- Excursions mentioned in the program
- All sightseeing tickets and travel permits
- All transfers mentioned in the program
- Mineral water every day
- Truck to transfer bicycles
- Seasonal fruits and honey tea
- 24/7 hotline support guaranteed

SERVICES NOT INCLUDED

- Domestic & international flights
- Airport taxes
- Beverage
- VISA fees (letter and stamp)
- Travel insurance
- Personal expenses, tips and gratuities
- Other personal expenses: drinks, souvenirs, etc.

GENERAL SERVICES

- Standard check-in time is 14:00 and check-out time is 12:00 at most of the hotels.
- **Arrival/Departure:** the prices are valid only for group of clients travelling together – arrival and departure with the same flight. Arrival/departure by other flight subject to supplement charge.
- In no case, the non-used services or visits will be refunded or provided on individual basis for group member(s) due to the delayed arrival/early departure unless they will go on private tour.
- Program is subject to change without notice due to unexpected changes of schedule or flight cancellations.
- There might be supplement for compulsory lunches or dinners during Christmas and New Year 2019 & 2020.
- There will be no refund or compensation applied due to force majeure which affects the program.
- We reserve the right to adjust the prices at any time in the event of an increase of the fuel surcharge applied by airlines companies or any other transport companies.
- In general, most places are closed in Vietnam throughout the period of the Lunar New Year (from January 24th to 27th, 2020 included).
- Deadline for flight tickets: We will automatically issue flights 5 days after booking is confirmed by us.



Trusted DMC by Mr Linh's Adventures
83 Ma May, Hoan Kiem, Hanoi, VIETNAM
info@trusteddmc.com | +84 989 587 400