BLUE ORCHID HOSPITALITY

Christmas CANAPÉ MENU

VEGETERIAN/VEGAN

Mushroom and tarragon parcel
(Contains cereal containing gluten, dairy, mustard) 126 kcal

Spinach, vegan feta & pine nuts parcel
(Contains cereal containing gluten, dairy, nuts, Sulphur dioxide) 113 kcal

Cherry tomato, cream cheese and mint tartlet
(Contains cereal containing gluten, dairy) 160 kcal

Red pepper hummus and parsley tartlet
(Contains cereal containing gluten, dairy, sesame seeds) 90 kcal

Bruschetta with tomato and basil (VE)
(Contains cereal containing gluten) 98 kcal

Grilled courgettis and sun blush tomato on brioche (VE) 96cal
(contains no known allergens) 96 kcal

FISH

Fish cakes with lime and tomato salsa
(Contains cereal containing gluten, dairy, fish) 92 kcal

Salmon and dill parcels
(Contains cereal containing gluten, dairy, fish) 110 kcal

Shrimp cocktail on whipped avocado in mini tartlet
(Contains crustaceans, dairy, eggs) 98 kcal

King prawns' skewers with garlic sauce
(Contains crustaceans, dairy, eggs) 106 kcal

Salmon skewers with sweet and sour sauce
(Contains eggs, fish, dairy) 118 kcal

Seared scallops on artichoke puree in mini tartlet
(Contains crustaceans, dairy) 120 kcal

MEAT

Spiced lamb skewers with harissa mayo
(Contains eggs, dairy, mustard, sulphur dioxide) 125 kcal

Yorkshire pudding with roast beef & gravy
(Contains cereal containing gluten, dairy, mustard, eggs) 136 kcal

Lemon grass and coriander chicken skewers with sweet chilli dip
(Contains sesame seeds, soya) 98 kcal

Chipotle with honey mustard sauce
(Contains eggs, dairy, mustard, sulphur dioxide) 116 kcal

Turkey & cranberry bon-bon
(Contains cereal containing gluten, eggs, dairy) 96 kcal

Chicken tikka skewers with mint yoghurt
(Contains dairy, mustard) 135 kcal

DESSERTS

Classic tiramisu
(Contains cereal containing gluten, dairy, eggs) 120 kcal

Mini chocolate cake
(Contains cereal containing gluten, dairy, eggs) 198 kcal

Rum and raisin cheesecake
(Contains cereal containing gluten, dairy, eggs) 128 kcal

Opera slice
(Contains cereal containing gluten, dairy, eggs) 110 kcal

Mini winter berries pavlova
(Contains dairy, eggs) 100 kcal

Mini fruit tartlet
(Contains cereal containing gluten, dairy) 96 kcal