

EVEREST BASE CAMP & KALAPATHAR TREK

'On the Sherpa land trail towards the ultimate base camp'



"View of Mt. Khangtega near from Pheriche."

➢ TRIP HIGHLIGHTS:

Trip Route	**:** Lukla - Namche - EBC - Kalapathar - Lukla
Duration	**:** 15 nights / 16 days for Nepal part
Grade	**:** Moderate to Adventures
Max. Elevation	**:** 5,550 meters at Kalapathar top
Trip style	**:** Hotel & teahouse basis
Meal	**:** Full board on trek & breakfast in city
Accommodation	**:** Lodge on trek, hotel in city
Transportation	**:** Flight & Private vehicle
Best Months	**:** Oct - Dec & Mar - June
Trip Price	**: US$ 1,900.00 P/P based on twin sharing basis**
Single Supplement	**: US$ 175.00 who want to use a single room**
Solo Trip Cost	**: US$ 2,550.00 who want to book a solo trip**

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➢ OVERVIEW:

This Everest Base camp & Kalapathar trek is one of our most rewarding journeys for your adventure holiday in the Nepal Himalaya. The Everest region is intelligibly one of the outstanding destinations for adventure seekers and it offers the best opportunity to gain the Himalayan experience. This Base camp trek is designed to fulfill the dream of many people of experiencing the historic route to the base of the world's highest mountain. Our expert consultant provides a fine opportunity to visit both Everest Base Camp and outstanding view point of Kalapathar (5550m) for endless views of Mt Everest along the surrounding Himalaya range.

This Everest Base camp & Kalapathar trek based on for the well experienced hikers and if this is not suit you then you can take alternatively as 20 days one. On this trek itinerary we follow an ancient route that will take us through farm villages, across the valley and through the high mountain and monasteries. The views grow even more spectacular as we venture up the Dudh Kosi River to Namche Bazaar, the gateway to the Khumbu region. Trail leads you to Pangboche via Khumjung village, where you will be rewarded with spectacular views of Ama Dablam, Mt. Everest & Lhotse, Thamserku, Kwangde and Tawache. The route follows the Imaj valley to Dingboche and up to outstanding view point of Kalapathar and Everest base camp and return to Lukla.

Everest trekking region is situated in Sagarmatha National Park which is listed by world heritage sites by UNESCO, which offers the spectacular view of the highlights of higher mountains as well as friendly Sherpa people along Mt. Everest. Himalayan wildlife commonly seen as musk dear, mountain goats, colorful Pheasants besides these rare species of Red Panda & Snow Leopard are an another attraction for the visitors. Pine, Juniper and birch tree are the common forest here as well as colorful rhododendron flowers welcome you on spring. Monasteries can be found most of the places in bottom part, which makes you spiritual soul, and the flattering flags reps the peace of Himalaya.

➢ OUTLINE ITINERARY:

Day 01: Arrival day in Kathmandu

Day 02: Fly to Lukla & trek to Phakding

Day 03: Trek to Namche Bazaar

Day 04: Trek to Kyanjuma

Day 05: Trek to Pangboche

Day 06: Trek to Dingboche

Day 07: Acclimatization day at Dingboche

Day 08: Trek to Lobuche

Day 09: Trek to Everest base camp

Day 10: Hike to Kalapthar & trek to Pheriche

Day 11: Trek to Tyangboche

Day 12: Trek back to Namche

Day 13: Trek back to Lukla

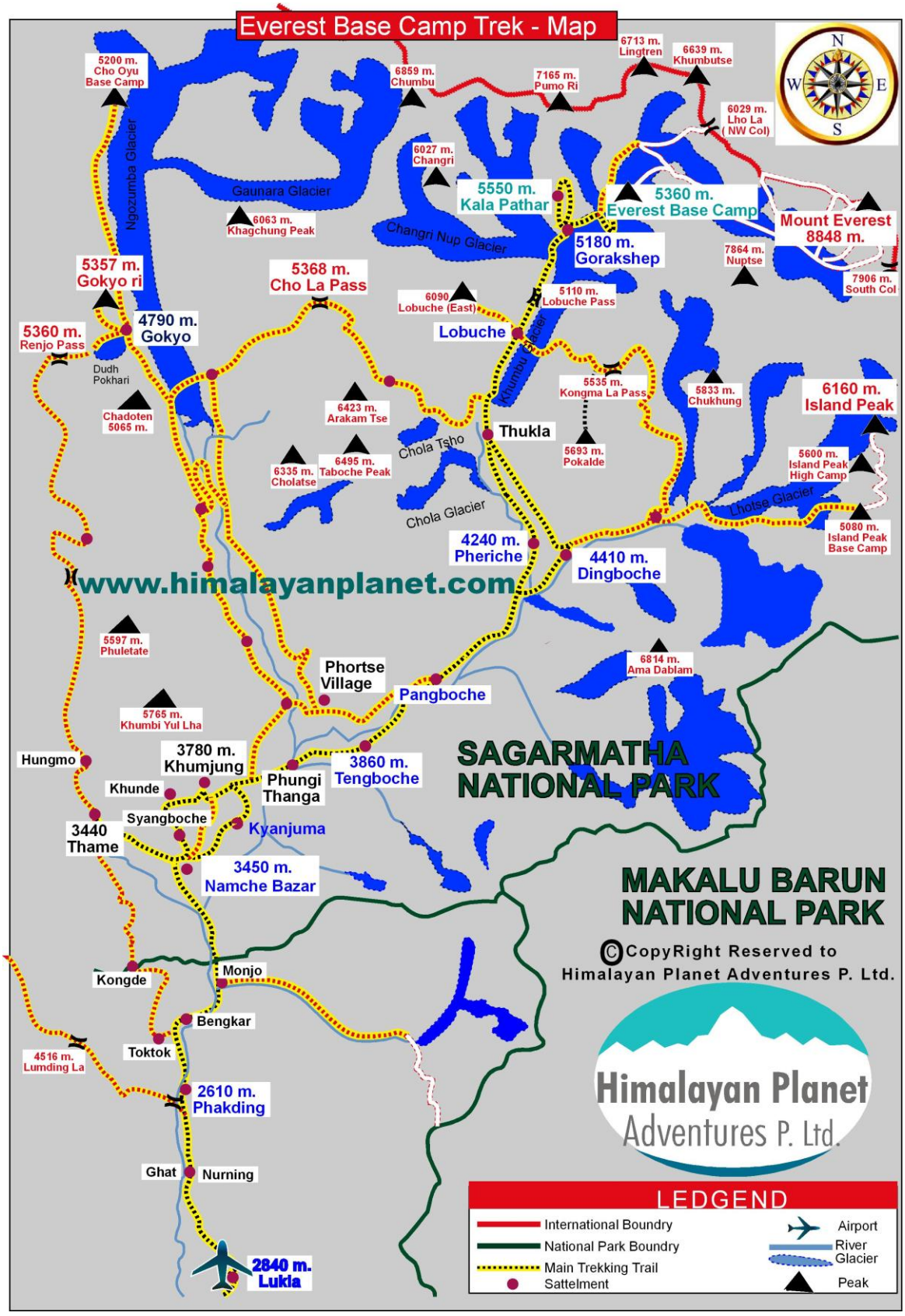
Day 14: Fly back to Kathmandu

Day 15: Flight reserve day/Leisure

Day 16: Departure from Kathmandu

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➢ TREKKING MAP:



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➢ DETAILED ITINERARY:

Day 01: Arrival day in Kathmandu (1,300m/4,264 ft)
Namaste & welcome to Himalayan Planet of Nepal. While you landed at the Tribhuvan intl. airport Himalayan Planet Adventures representative welcomes you with your name and assists to transfer in your hotel in Kathmandu. After time to get refreshed, bring you at head office and briefing about the program and evening we'll pick up you for welcome dinner in one of the typical Nepalese restaurant with cultural program in the heart of Kathmandu and overnight at Hotel.
(Airport to hotel transfer, welcome dinner & hotel accommodation included)

Day 02: Fly to Lukla & trek to Phakding (2,652m/8,700ft), 3-4 hrs walk
Early morning you'll be transferred to domestic airport to fly to Lukla (2,800m/9,186ft). It takes 35 minutes scenic flight to Lukla airport (2,800m/9,184ft) and you will have tea break, while the guide sort out and divide the load baggage to be carried by porters. Guide will manage the lunch place depending upon the time of arrival at Lukla. The trek starts with most scenic view of Numbur Himal & Phari. We further on to Phakding passing some Sherpa farm villages. We follow the trail to Dudhkoshi River with gradual with few ups from Thado Koshi, where you can have a lunch with superb view of Kusum-Kangaru (6,369m/20,890ft) crossing a short suspension bridge, from here after a short climb brings us to the Ghat village, another 1 ½ hr of gradual walk brings you to Phakding village for the overnight stop at lodge after 3-4 hrs walk and reminder stroll around the village for local knowledge.
(Airport transfer, Lukla flight, breakfast, lunch, dinner & teahouse accommodation included).

Day 03: Trek to Namche Bazaar (3,440m/11,283ft), 4-5 hrs walk
The trek start in the morning and after crossing the suspension bridge over the Dudh-Kosi the walk is pleasant with few short uphill and downhill and re-crossing the same river again with magnificent view of Mt. Thamserku (6,608m/21,675ft) from the Benkar village. Trek continuing crossing the bridges and reaches at Monjo where is entrance gate of the Sagarmatha National Park, where your trekking permit checked and keeps the record of all trekkers going to and from this place including the local trekking staff as well.

When enter the National park boundary we descend and a gradual walk brings us to the suspension bridge over the Bhote-Koshi river, after the bridge Jorsalle village is reached, the last village till Namche Bazaar, from here the walk is pleasant on the river bed till the last bridge over the Imjatse river is reached, from here the walk is along the winding uphill path all the way to Namche Bazaar, with magnificent view of Kwangde peak and it other sister peaks towards east with Kusum Kangaru on the back as you climb higher, view of Mt. Everest, Lhotse and the closer view of Tawache peak can be seen from some part on the way to Namche. Finally we reach at colorful houses called Namche Bazzar main gate of Khumbu region after 5-6 hrs walk and we overnight stay at Lodge.
(Breakfast, lunch, dinner & teahouse accommodation included).

Day 04: Trek to Kyanjuma (3,550m/11,644ft), 3-4 hrs walk
This is an acclimatization day but continuing further on same elevation as Namche which may have good acclimatization for the trek. This morning after breakfast we head towards the climb up steeply up to Syangboche airstrip and further walk to Everest View Hotel, the most luxury hotel in Khumbu areas where we can stop for tea break and descent to Khumjung village (3,790m/12,431ft) for the Lunch. After lunch at Khumjung we will descent half an hour to village of Kyanjuma/Sanasa for overnight. Kyanjuma is best place for Himalayan Wild life as Musk Deer, Pheasants, Himalayan goat and many more with the best view of Mt Ama Dablam.
(Breakfast, lunch, dinner & teahouse accommodation included).

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Day 05: Trek to Pangboche (3,930m/12,890ft), 5-6 hrs walk

After stroll around the Kyanjuma area, today we refreshed and fairly easy to walk further on. Our walk follows on the gradual downhill with overlooking magnificent view of the great giant snow peaks Lhotse, Ama Dablam, Thamserku and Kwangde peak. We descend to Imjatse River at Phungithanga, a small settlement with couple of teahouses.

The trail leads uphill through the forested path of silver fir, blue pines, rhododendron and some few magnolia and birch trees get to Tyangboche. This is one of the most beautiful place in the Himalaya the first thing that comes to your eye is the big Monastery or Gumba, then the large field with campsites and teahouses, lodges beneath the towering majestic beautiful peak Ama Dablam, Everest, Mt. Lhotse and Lhotse Shar towards north east and more peaks all around you. We'll stay here on return but after lunch at Tyangboche start our trek an hour further pleasant walk and descend through a forest of birch, fir, juniper and rhododendron and coming to lovely spot at Deboche 3,650m with magnificent view of mountains and past the long prayer mani wall, and after crossed the bridge the path is gradual up to the Pangboche village for the overnight after 5 hrs walk.

(Breakfast, lunch, dinner & teahouse accommodation included).

Day 06: Trek to Dingboche (4,358m/14,295 ft), 3-4 hrs walk

After Pangboche village we trek onwards to Dingboche village from where start the lush vegetation and tree lines vanishes, we enter the Imjatse valley to the Dingboche after 4-5 hrs walk. The great view of the mighty peaks of Ama Dablam, Nuptse and Lhotse with view of the eastern snow capped mountains including the Island peak or Imjatse 6,189m, which is a popular peak amongst all the trekking peaks in Nepal. Dingboche is a beautiful patchwork of field enclosed by stone walls, protecting the crops of barley, buckwheat and potatoes from the cold winds and grazing animals. Dingboche has about more than ten teahouses and it is also the gateway to Chukung and further beyond for the most challenging traverses towards Makalu area and Hinko Valley via Sherpani col 6,100m and Amphu Laptsa pass 5,780m.

(Breakfast, lunch, dinner & teahouse accommodation included).

Day 07: Acclimatization day at Dingboche, 2-4 hrs hikes

Today we rest for acclimatization at Dingboche valley, you may have full day rest or there are some places where can go for a day walk like trek to Chhukung 4,730m is worthwhile which takes approx. 3-4 hours from Dingboche, towards east within the Imjatse Valley, although the trek is gradual, however you can feel the thin air as the altitude gains slowly coming towards Chhukung. At Chhukung, there are few teahouses overlooking superb view of the snow capped peaks and glaciers of Lhotse, Ama-Dablam and Imja glacier, Chhukung valley is the last settlement in eastern Khumbu region. After enjoy stroll back to Dingboche for overnight.

(Breakfast, lunch, dinner & teahouse accommodation included).

Day 08: Dingboche to Lobuche (4,928m/16164 ft), 4-6 hrs walk

Today the trail diverts towards north, the path is gradual up for about an hour as you come to a mani-prayer Stupa, from here the trail is gentle on the hard meadow looking down below Pheriche village and today's walk offers beautiful view of the scenic mountains. After a pleasant walk through the ridge will reach at Thukla, an hour steep up brings you to the top, where you can view Mt. Pumori and other peaks west of Everest, the spot here is good place for a few minutes break after the strenuous climb, close to this spot you can also see a number of memorial of the unfortunate climbers monuments, who died in expeditions around the mountain of this region. We trek continues to the Lobuche an hour for overnight stop.

(Breakfast, lunch, dinner & teahouse accommodation included).

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Day 09: Trek to Gorakshep (5,160m/16,929ft) & hike to EBC (5,316m/17,437ft), 7-8 hrs walk
Today, we'll be walk in the morning towards the Gorakshep. After 2 hrs walking in a windy and rocky path will arrive at Gorekshep for our overnight. This trails offer the wonderful view with Mt. Pumori, Mt. Nuptse, other peaks, Everest Base Camp, Kalapathar and below the Gorekshep valley including top of the world. After hotel check in our adventure continues towards Everest Base Camp and to the Khumbu Ice-fall, the path from Gorekshep can be misleading, follow the lead Sherpa, every year the trail changes due to the movements of the glacier, the walk is quite strenuous due to the high altitude and thin air, the walk passes through over rocky dunes and moraine and streams, till you reach the base camp. Everest Base Camp is lively with commotion during the high expedition season. It takes 2-3 hrs to get to base camp and after a grand time here retrace the journey back to Gorekshep for the overnight at lodge.
(Breakfast, lunch, dinner & teahouse accommodation included).

Day 10: Hike to Kalapthar (5,550m/18,204ft) & trek to Pheriche (4,200m/13,776ft), 7-8 hrs walk
This early morning we start to steep climb to the Kalapthar takes 2 hour walk on our pace. After reaching the top, you will feel beaming as you achieve the moment that you been dreaming, since the beginning of the journey. Top of Kalapathar is a small rocky peak on the southwest ridge of Mt. Pumori, the view from here is beyond imagination as the Everest looks amazing, the panoramic view from this spot is something to cherish, and you feel its worth the hard climb up to here and to feel at the top of the world, and can be seen to the south Khumbu glacier sweeps below you, and you can also see the Everest Base camp down below on the moraine of Khumbu glacier and lot of picturesque scenery. Stroll back to Gorekshep for breakfast and we walk fairly easy down to Pheriche for the overnight. It takes 4-5 hrs walk down and during the walk may get a wind and better to start early. Pheriche has Himalayan Rescue Association and can visit their anyway after 3 pm. We overnight at lodge at Pheriche.
(Breakfast, lunch, dinner & teahouse accommodation included).

Day 11: Trek to Tyangboche (3,867m/12684ft), 4-5 hrs walk
The walk today will be easy heading downhill to a lower elevation from Pheriche the walk is pleasant and all the way to Tyangboche. After the Pangboche village further down to Tyangboche is one of the most beautiful place in the Himalaya the first thing that comes to your eye is the big Monastery or Gumba, then the large field with campsites and teahouses, lodges beneath the towering majestic beautiful peak Ama Dablam, Everest, Mt. Lhotse and Lhotse Shar towards north east and more peaks all around you.
(Breakfast, lunch, dinner & teahouse accommodation included).

Day 12: Tyangboche to Namche (3,440m/11,283ft), 4-5 hrs walk
Trek down to Phungithanka a small settlement with couple of teahouses. The trail leads down hill through the forested path of silver fir, blue pines, rhododendron and some few magnolia and birch trees and with a great memories and after crossing the suspension bridge over the Dudh Koshi river trek onwards to the Sanasa and retrack to Namche bazzar for the overnight stay.
(Breakfast, lunch, dinner & teahouse accommodation included).

Day 13: Trek to Lukla (2,800m/9,186ft), 7-8 hrs walk
After a long walk today we'll have long and last day trek back to Lukla, Firstly we descend the long way before cross the bridge and further walk to Monju and ten Phakding for lunch. We trek back with enjoying the lush green scenery around and passing through the incredible mountain scenery and local Sherpa village. After long walk 7-8 hrs we arrival in Lukla and you'll have time to stroll around the areas and guide will re-confirm your flight ticket and enjoy the last celebrate dinner with your crew member and overnight at Hotel.
(Breakfast, lunch, dinner & teahouse accommodation included).

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Day 14: Fly back to Kathmandu, 40 minutes flight

The flight time to Kathmandu, are schedule for morning normally, because of the wind in the afternoon, sometime the flight time can be delayed due to bad weather & other reason beyond our command. Anyway we will fly back to Kathmandu and we will transfer to hotel. You may have time to relax after long journey and take back your breath and rest at your hotel with ending your Himalayan trip with us.

(Kathmandu flight, hotel transfer, breakfast & hotel accommodation included).

Day 15: Flight reserve day/Leisure at Kathmandu

This day we reserve for if the flight cancelled then not to miss the international flight. If we fly already this may have pleasant day for you and have full day at leisure at your own or can be extends your extra trip as day sightseeing in Kathmandu valley with us on additional cost or time to explore the Thamel for last day shopping and evening company will meet you for the farewell dinner and overnight at hotel.

(Breakfast, farewell dinner & hotel accommodation included).

Day 16: Departure from Kathmandu

Today is free or last minute shopping for souvenirs or gift to your family, friends or relatives for you until your departure flight/drive or to commence any extra trips or activities you may have booked with us. If departing, you'll be transferred to the International Airport for your departure flight to your onwards destination.

(Airport transfer and breakfast included).

➢ SERVICE INCLUDES:

- 3 night deluxe twin sharing accommodation in Kathmandu in 4 star hotel Shanker or similar
- All local transportation by suitable private vehicle (car, van, bus)
- Complementary welcome and farewell dinner in Kathmandu
- Kathmandu to Lukla to Kathmandu both ways flight ticket
- Meal on full board (breakfast, lunch, dinner, tea & coffee in a cup) basis in trek and breakfast in city
- Accommodation on teahouse/lodge during the trek
- Trek leader (English speaking, First Aid and eco trained), one Sherpa porter (for each two member), all payments with insurance
- Sagarmatha National park entry fee and local taxes
- Safe drinking water, exclusive medical kit bag
- All government and local taxes

➢ SERVICE EXCLUDES:

- Visa fees, international airfare
- Excess baggage charges
- Lunch and dinner in city beside mentioned
- Travel and rescue insurance
- Personal expenses e.g. phone calls, laundry, bar bills, hot shower, battery recharge & extra porters
- Tips for driver, guides and porters
- Any extending trips

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❖ USEFUL INFORMATION

❖ Meals and Accommodation

All of your meals are provided while on the trek, while in Kathmandu, we provide breakfast. In the Everest region, you will find your choice of Nepali, Chinese and limited Continental foods. The meals are home-cooked and delicious with each of our guest houses featuring local touches from local chefs.

In Kathmandu, you will find a great variety of restaurants to choose from. Here select from Indian, Italian, Mexican, Continental, Chinese, and of course, Nepali foods. There are so many restaurants to choose from; each offering incredible menus.

As for lodging, we stay at local tea houses. These are locally run facilities with basic amenities. They are pleasant places with plenty of local color.

Lodging in Kathmandu we provide quality hotels of four star like Hotel Shanker or similar.

All accommodations are based on double occupancy. Single supplement is available on request.

Snacks, bottled water, soft drinks and alcohol are not included in the package price.

❖ Trekking Group

This given trip based on group joining trip in Kathmandu and the minimum number will be 2 pax and max 10 pax based on group booking. For single also we organize the trip with single supplement (except some region most requires minimum 2 persons). Please make sure that you do have a group joining before you book the trip and we do organize the trip in large on request but small group that mean we can provide our best services during the trip.

❖ Physical Requirements

Everest base camp & Kalapathar trek is seems strenuous but does not require that you have any previous trekking or mountaineering experience. It does not require any technical experience; only that you are in good physical & mentally conditioning and be able to hike for 4-6 hours over hilly terrain with a light day pack. Before the trip booking with us please consult with your Medical Doctor once and in Doctor References go for your trip booking process with us.

❖ Trek Leaders and Staffs

A decade experienced in the adventure tourism our incredible guides and staffs are the back bone of the company who are selecting based on highly skilled professionals with their technical proficiency, proven safety records, careful judgment, patient and supportive teaching styles and great personalities. Most of our field staffs are from the local area covering from eastern to western Himalayan ranges, which support the local people directly. They have good health fitness as well as well experience with good knowledge of team leading in the Himalayan region.

❖ Travel Insurance

We strongly recommend the purchase of trip cancellation and travel insurance. This comprehensive travel insurance provides coverage for trip cancellation and interruption, travel delays, loss of baggage and travel documents, baggage delay, medical expenses and emergency assistance.

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❖ Equipment List:

Head:
-Sun hat
-Fleece/Wool hat (to cover ears)
-Sunglasses & reading glasses
-Scarf to cover face (dust/wind)

Lower Body:
-Under garments
-Hiking shorts
-Lightweight walking pants
-Light weight thermal leggings
-Fleece or tracksuit pants
-Waterproof shell pants

Feet:
-3x thin cotton inner soaks
-3x thick warm wool hiking socks
-Hiking boots (with spare laces)
-Walking sneakers
-Scandals
-Walking poles

Upper Body:
-3x T-shirts
-2x lightweight thermal tops
-2x Merino/Fleece long shelve tops
-Waterproof shell jacket
-Down vest/jacket*
-Poncho rain cover

Hands:
-Lightweight fleece gloves
-Heavyweight gloves
-Or waterproof/wind fleece gloves

Sleeping:
-Sleeping bag*
-Sleeping bag liner
-Pillow slip/case

Medical Kit:
-See your Doctor for compete medical kit
-including Dimox

Accessories:
-Headlamp & spare batteries
-Hand touch & spare batteries
-Dry packs
-Open neck water bottles x2
-Watch with light & alarm
-Pack no heavier than 15kg fully packed
-Pack cover
-Day pack 33litre with waist strap
-Money belt

Toiletries & Personal Hygiene
-1x quick dry towel & face cloth
-Shampoo & Conditioner (biodegradable)
-Toothbrush & paste (biodegradable)
-Multipurpose wipes (face & body)
-Deodorant
-Face & Body moisturizer
-Nail clippers/file
-Small comb/brush
-Small mirror
-Clothes washing soap (biodegradable)
-Toilet paper (you can buy more on trek)
-Anti-Bacterial wipes (4x packs)
-Hand sanitizer (small bottle)
-Sun block face/body high UV protection
-Lip block with UV protection
-Feminine hygiene products

Extra Items:
-Camera & extra batteries
-Binoculars
-Reading books
-Playing cards
-Trail map & guide book
-Journal & pen
-Photo's of home/family
-Energy/protein bars (optional)
-Walkman & Steripen

❖ Acclimatization

This Everest base camp & Kalapathar trek itinerary specially tailored considering with a high degree of minimization of AMS (Acute Mountain Sickness). Normally, altitude sickness starts from 3,600 meters/11,808 feet and there is no problem below this standard. During your trip this is a best solution go slowly with body acclimatization. Consider in the higher altitude there is less oxygen in the air. Suppose, crossing high passes more than 5,000 meters, there is 50% less oxygen than at sea level. Your body needs many days to acclimatization during the travel in high Himalaya.

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❖ Climate and Weather

Nepal is a country of diversified in a topography starting from 60 meters to top of the planet 8,848 meters at the top of Mt. Everest. We have dry season from October to May and the wet season (monsoon) from June to September. For the Everest base camp & Kalapathar trekking mid September to mid December is one of the best times and also March to May good to trek in Everest base camp & Kalapathar. During the autumn the vegetation is lush after the rains of the monsoon and the air is clean and fresh and spring can be a little dusty but with pleasant & warm weather. December to February is good for visibility but cold in high altitude as well as Kathmandu too. Starting the rain from June and till the mid of the September and cloudy weather badly for visibility.

❖ Passport and Visa Requirements

Before traveling to Nepal please make sure your passport is valid for at least six months following the date of your visit. Himalayan Planet Adventures will need you to send a copy of your passport before your arrival in order to get the necessary permits in the Sagarmatha National Park along with your TIMS permit for trekking. You will obtain your visa upon arrival at Tribhuvan International Airport.

Fees for Tourist Visa

- USD $30 or other convertible currency equivalent for 15 days multiple entry visa.
- USD $50 or other convertible currency equivalent for 30 days multiple entry visa.
- USD $125 or other convertible currency equivalent for 90 days multiple entry visa.
- No visa fee shall be applicable to the passport holder of a member state of the South Asian Association for Regional Cooperation (SAARC) for up to 30 days.

For more information, please check out the OFFICIAL website: **https://www.immigration.gov.np/**

Visa fees are to be paid in cash only, and can be paid in US currency or other acceptable currencies. Indian and Nepali rupees are not acceptable currencies to buy a visa at Tribhuvan International Airport. This includes the following world currencies:

- Euro
- British Pound Sterling
- Swiss Franc
- Australian Dollar
- Canadian Dollar
- Hong Kong Dollar
- Singapore Dollar
- Japanese Yen

Anyone visiting from a SAARC Country (South Asian Association for Regional Cooperation) is entitled to a free 30 day visa yearly. This is obtainable at immigration at Tribhuvan International Airport.

❖ Permits and fees

During this trip you most require to obtain the Sagarmatha National park entry permits with TIMS permit and world heritages site entry permits. All the relevant permits and entry fees are including on the given cost except personal donations & contribution. In case of any such conditions we will inform you if required any additional permit fees before you make a booking with us.

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❖ Health and Medical Information

During the Everest base camp & Kalapathar trek with us, our crews are well experienced travelers and sharing since long time to achieve the traveler's ambition. In fact, we specialized in the Himalayan travel and we all are from Himalayan region with plenty of local knowledge as have been guiding since a decade, which is a key factor to provide the standard service to our clients. Our all services based on client's safety and satisfaction. We provide the high range of quality services and personally taking care during the trip. Each of our guides carries medical kit bag for occurring incidents during the travel and they are first aid trainer.

❖ Environmental Concerns

We are highly sensible to protect our natural environment and participating with many environmental cleanup campaigns. Our responsible tourism carries good message to the locals and we insists and train them do's and don'ts, how to keep good environment etc. Besides this tourism industry has an obligation to protect and preserve the natural environment for future generations as well. Kathmandu Environmental Education Project (KEEP) helps to co-work with many trekking company and this organization providing many useful training to our crews and awareness environment program in the mountain.

❖ Our Experience

Himalayan Planet Adventures P. Ltd. is a Govt. registered company based in Kathmandu, Nepal and we are working in adventure travel in the Himalaya of Nepal, Tibet, Bhutan and India. The operator has gained a decade of experience in the adventure tourism working as a guide, adventure travel consultant and by stabilizing own company. Our long experience in adventure travel, we are even more dedicated to fulfill our clients' requirement and always sincere with clients gratification. We are also delighted to say that many of our past clients who organized their trip in the Himalaya they wouldn't hesitate to inform you about our organization and professional organizing skills.

❖ How to Book

While you have chosen your trip, contact our head office by mail or phone to check the availability dates (may visit the updated departure date page) groups or any remaining question you may have. We are happy to help and reply responsively as soon as possible. We'll hold your booking with us before your final decision. Please read properly our trip booking **terms & conditions** before your booking and fill up the booking form (download from our website) along with the appropriate deposit of 20 % per person in advance and payment made through the bank transfer or submit your credit card (visa/master card) details with booking form. When you choose the method of advance payment in an appropriate way, a signed and completed booking form will still be required for confirmation of booking. Bookings will only be confirmed once when we received a completed and signed booking form along with appropriate amount of payment.

The final balance for your booking will be on arrival in Kathmandu. We will invoicing you before your arrival for the final balance along with other final pre departure details as appropriate. Your final invoice will show the price based on the previous quote at the time of invoicing.

We wish you a wonderful Himalayan experience with us!

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